



Maharashtra Education society's
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

Summary Report Extension Activities

Summary Report for Number of extension activities conducted by the institution during AY. 2018-19.

Sr.No.	Name the Activity	Number of Participants
1	Kirloskar Vasundhara Film Festival	38
2	Blood Donation	35
3	Ramnadi Restoration -Train the Trainer	3
4	Yoga Day	15


Dr. Santosh Deshpande
Director





Maharashtra Education society's
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

NOTICE

Date: 26th December, 2018

Kirloskar Vasundhara International Film Festival - Film Screening in Colleges


Kirloskar Vasundhara International Film screening is scheduled on 5th January 2019 by Kirloskar Vasundhara Project. This is a kind of awareness programme about the environment. Please take your seats 15 minutes before the scheduled time.

Reporting Details:

Date: 5th January 2019

Time : 11:00 - 1:00 pm

Venue: Hall number 3


Prof. Darshana Yadav
Coordinator




Dr Santosh Deshpande
Director



Maharashtra Education society's
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A.Y. 2018-19

Kirloskar Vasundhara International Film Festival - Film Screening in Colleges

Topic: Kirloskar Vasundhara International Film Screening in Colleges

Date: 5th January 2019

Kirloskar Vasundhara International Film Festival (KVIFF) is the only Indian festival of its kind which combines film screenings and allied activities related to environment, wildlife, energy, air, and water. During the festival, National and International films on environment, wildlife and energy were shown to students. The given schedule for film screening is as below. 38 students attended the session.

Mrs. Darshana Yadav
Coordinator

Dr. Santosh Deshpande
Director



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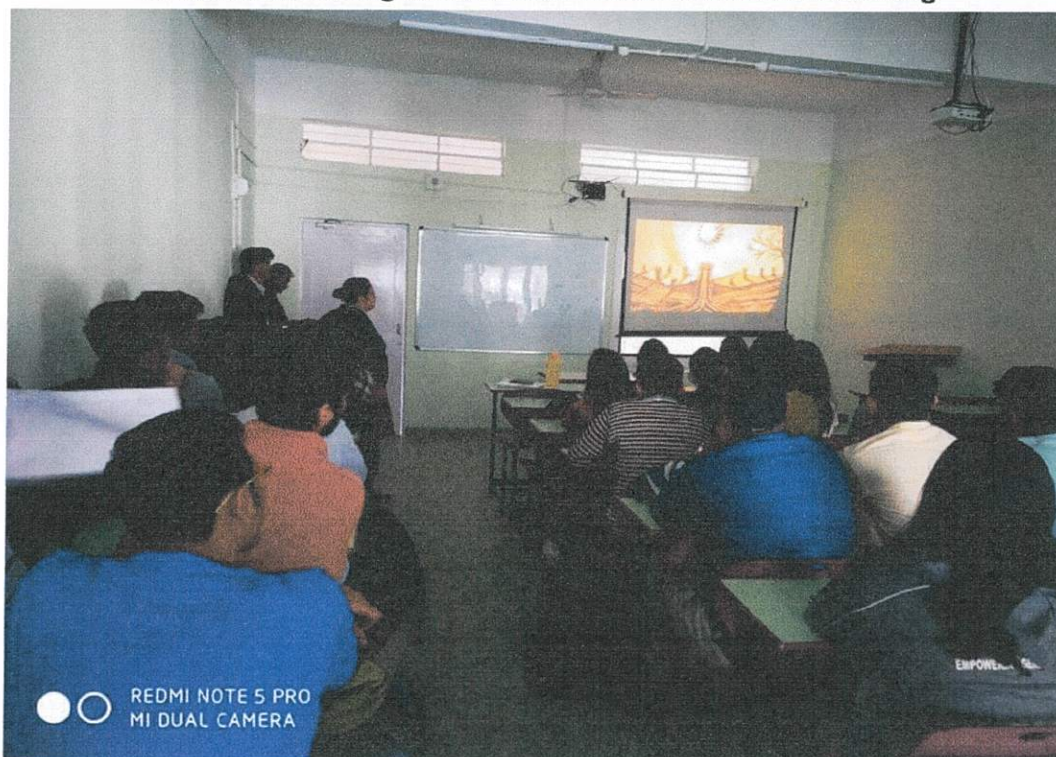
FILM SCREENING IN COLLEGES				
Sr	Date	Time	College Name	Venue
	4th Jan	1.00 pm to 5.00 pm	S. M. Joshi College, Hadapsar	Auditorium (R No. 106)
	4th Jan	3.00 pm to 5.00 pm	Symbiosis Center for Management Studies, Pune	AV Hall SCMS-P
	5th Jan	10.30 am to 12.30 pm	SNDT	Hall No.9 SNDT
	5th Jan	11.00 am to 1.00 pm	MES IMCC	Hall no. 3 IMCC
	5th Jan	11.00 am to 1.00 pm	D Y Patil college of engineering	Main Auditorium
	7th Jan	10.00 am to 12.00 noon	Marathwada Mitramandal College of Architecture	Dnyaneshwar Hall MMCC
	7th Jan	11.00 am to 1.00 pm	Marathwada Mitramandal College of Engineering	Conference hall

Film Screening Schedule given by Kirloskar Vasundhara





Students attending the Kirloskar Vasundhara Film Screening



Students watching movie during Film Screening

Sr.	College	Time	College Name	Venue
50th Jan		10:30 am to 12 noon	Jess Wadia College of Commerce	AV Hall
50th Jan		10:30 am to 12:30 pm	BMCC	Dr Cyrus Poonawala Hall
50th Jan		11:00 am to 1:00 pm	T. J. and C. K. Goyal College Khadi	AV Hall
50th Jan		2:00 pm to 4:00 pm	Jaywantrao Sawant College of Engineering	Jaywant Hall
50th Jan		3:00 pm to 5:00 pm	Symbiosis Center for Management Studies	AV Hall SCMS-P
50th Jan		10:00 am to 12:00 noon	P. A. Inamdar College Azam Campus	Hi Tech Hall
50th Jan		11:00 am to 1:00 pm	H. V. Desai College	Conference Hall
50th Jan		9:30 am to 11:30 am	MES BACS	Hall No. 3
50th Jan		11:00 am to 12:00 noon	SNDT	Hall No. 9
50th Jan		11:00 am to 1:00 pm	Anantnath Pawar College of Engineering	AV Hall
50th Jan		2:00 pm to 2:30 pm	Vishwakarma Institute of Technology	Auditorium
50th Jan		2:00 pm to 4:00 pm	Shrihar: Vishwakarma's (VJ) for Women, Kurla	AV Hall



MES' Institute of Management and Career Courses (IMCC), Pune	
(A.Y. 2018-19)	
Attendance	
Programme	MCA
Topic	Kirloskar Vasundhara International Film Festival - Film Screening in Colleges
Date	5th January 2019
Sr. No.	Name of Student
1	ADEP MADHURI L.
2	BADGUJAR POOJA R.
3	BAGAL NILESH N.
4	BAWISKAR SAGARIKA P.
5	BHANDARI PRAFULL P.
6	BORLEPWAR SARANG M.
7	CHAUDHARI GAGAN S.
8	CHOUDHARI RITIK S.
9	DESHPANDE ARPITA G.
10	DEVROKHKAR SAGAR R.
11	DHARASKAR GAURAV S.
12	DONODE SHIVANI D.
13	HIVAREKAR SAYALI M.
14	JAISWAL PRANEET K.
15	JOSHI DISHA C.
16	KADAM SAKSHI S.
17	KALE MAYUR B.
18	KALYANKAR VINIT N.
19	KAMBLE CHETAN V.
20	KANADE ROHIT M.
21	KANDALKAR PRIYANKA P.
22	KASAR SANKET J.
23	KAVERI GAURAV G.
24	KELKAR VARUN N.
25	KHILOSHIYA PRITESH N.
26	KSHIRSAGAR ABHIRAM M.
27	KULKARNI SHUBHAM D.
28	KUSURKAR HERAMB A.
29	LIMAYE CHINMAY C.



30	MALIYE SHUBHAM V.
31	PILANKAR GANDHAR A.
32	PURVANT CHITRA R.
33	RAUT RADHIKA K.
34	RUMANDLA SAGAR R.
35	SABLE VISHAL U.
36	SARODE SHREYAS S.
37	SARPOTDAR KUNAL M.
38	SHAH ANERI V.



Mrs. Darshana Yadav
Coordinator



Dr. Santosh Deshpande
Director





Maharashtra Education society's
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A.Y. 2018-19

NOTICE

Date: 15th March 2019

Blood Donation Camp


It is to inform you that our college is organizing a Blood Donation Camp in association with Janakalyan Blood Bank on 23rd March 2019 from 11:00 am to 1:00 pm. in G1.
Please come forward for this charitable cause as it can help to save some lives.

Reporting Details:

Date : 23rd March 2019

Time : 10:00 am - 1:00 pm

Venue : G2, IMCC Building


Mrs. Darshana Yadav
Coordinator




Dr. Santosh Deshpande
Director



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A.Y. 2018-19

Blood Donation Camp

Date – 23rd March 2019

Time – 10 am to 1.00 pm


Venue- G2

Blood Donation Camp:

Blood donation camp was held on 23rd March 2019 in campus. It was organized in association with Janakalyan Blood Bank. Total 23 bags were collected.



Blood Donation - Students and staff participation


Mrs. Darshana Yadav
Coordinator




Dr. Santosh Deshpande
Director

MES' Institute of Management and Career Courses (IMCC), Pune

(A.Y. 2018-19)

Blood Donation Doner List

23rd March 2019

Sr. No.	Donor Name	Address	Age	Weight	Gender	Blood Group	Mobile
1	ABHISHEK MUNJE	1328,SADASHIV PETH, Pune, MH, IN	22	61	Male	B Pos	8087417606
2	SHUBHAM S BIHADE	NIKHIL APT RAMKRISHNA NAGAR, KOTHRUD, Pune, MH, IN	24	55	Male	O Pos	9850898648
3	ROHAN KHARE	101-AKSHAY GARDAN, ANANDNAGAR, Pune, MH, IN	23	65	Male	O Pos	8605859338
4	VAIBHAV BHATAMBREKAR	C-33KUMAR PRIYADARSHAN, PASHAN, Pune, MH, IN	23	85	Male	O Pos	7768856554
5	SACHIN MAHADEV MAIRAN	Osmanabad, MH, IN	30	88	Male	O Pos	9890019578
6	SURAJ BALASAHEB MANE	VISHRANT WADI, Pune, MH, IN	22	63	Male	O Pos	8180040013
7	KARAN SANJAY SOMVANSHI	DHAYARI, Pune, MH, IN	19	57	Male	O Pos	9067788930
8	POOJA MORE	BHAKTIYOG SOC, NE M IT COLLEAGE, Pune, MH, IN	22	75	Female	O Pos	7387100626
9	ABHIJIT VINAY DALAL	MARATHA MANDIR, BAVDHAN, Pune, MH, IN	23	77	Male	B Pos	7709583774
10	AMAN VIJAYSHANKAR SINGH	SR NO-5/2/76 NDA RD, APTE FARM KOTHRUD, Pune, MH, IN	25	70	Male	O Pos	8793501854
11	KRISHNA ASHOK JAJU	612,B-1 NANAPETH FLAT-15, LATESH SOC, Pune, MH, IN	23	48	Female	A Pos	8446197068
12	SHREESH CHIPLUNKAR	MORESHWAR PRASAD, SHILAVIHAR COLONY, Pune, MH, IN	23	69	Male	O Neg	9049878289
13	AKSHAY ASHOK MORALWAR	344,SHANIWAR PETH, Pune, MH, IN	25	95	Male	O Pos	9049195404
14	SANKALP KHARE	D-41 NIRMAL RESIDENCY, LANE-17 DAHANUKAR COL, Pune, MH, IN	25	72	Male	B Pos	9131520133
15	PRATHMESH DATTAPRASANNA KULKARNI	ICHALKARANJLI, Sangli, MH, IN	22	57	Male	AB Pos	9922412722
16	NIKHIL SUNIL ABHYANKAR	BHAGYASHREE SOC D-305, SANEGURUJI SMARAK, Pune, MH, IN	22	89	Male	O Pos	8600322257
17	TOMESH SUKHADEO TIRANKAR	PATHANPURA WARD, CHANDRAPUR, Pune, MH, IN	23	75	Male	O Pos	7083885764
18	APURVA RAVINDRA GHARE	SHIVNE,NAVABHARAT HAIGHSCHOOL, LAXMI NIWAS, Pune, MH, IN	23	52	Female	B Pos	9130441542
19	RAKHI V KHARJULE	SARASWATI GIRLS HOSTEL, PARVATI PAYATHA, Pune, MH, IN	21	72	Female	B Pos	9011650208
20	KUNAL CHITALE	22 SNEHAL SHREENIKETAN SOC, KOTHRUD, Pune, MH, IN	23	84	Male	O Pos	8007561716
21	SHUBHAM DHANTURE	GUJRATH COLONY, Pune, MH, IN	24	82	Male	A1 Pos	7304023304
22	ABHIJEET SHEKHAR SAWANT	KOTHRUD, Pune, MH, IN	23	67	Male	B Pos	
23	AJAY GODSE	PAPADE VASTI, BHEKRAI NAGAR, Pune, MH, IN	19	85	Male	B Pos	

Mrs. Darshana Yadav
Coordinator



Dr. Santosh Deshpande
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A.Y. 2018-19

KIRLOSKAR VASUNDHARA

Ramnadi Restoration - Train the Trainer Workshop

NOTICE

Date: 25th June 2019

Ramnadi Restoration Mission (RRM) '**Train the Trainer Workshop**' - is organized by Kirloskar Vasundhara. This workshop will be held on 29th June 2019, Saturday near Tata Foundry, Village Dhamane, Taluka Maval, Pune, Maharashtra.

Interested students from IMCC can register their names to the faculty coordinator for this workshop.

Please come forward to support the movement of ' Ramnadi Restoration Mission '

Mrs. Darshana Yadav
Coordinator



Dr. Santosh Deshpande
Director



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A.Y. 2018-19

KIRLOSKAR VASUNDHARA

Ramnadi Restoration - Train the Trainer Workshop

Kirloskar Vasundhara has been organizing programs for building awareness, leading to actions related to environment, wildlife, energy, air and water through KVIFF (Kirloskar Vasundhara International Film Festival) and KVER (Kirloskar Vasundhara Eco Rangers) for the last 13 years. KVIFF has spread its wings to around 30 cities in 7 states.

A number of initiatives have resulted in positive changes. Action oriented programme 'Green College, Clean College' (GCCC) was introduced around 4 years back.

During the academic year 2018-19, Kirloskar Vasundhara is introducing a new initiative viz. '**Ramnadi Restoration**' along with 'Kirloskar GCCC Trophy'.

'Ramnadi Restoration Mission' (RRM)- Ramnadi is unknown to most of the Pune-kars. Its 18 km stretch is in pathetic condition. Originating from Varpewadi it flows through Khatpewadi, Bhukum, Bhugaon, Bavdhan, Sutarwadi, Pashan, Someshwarwadi, Baner, Aundh and reaches the river Mula. It flows through 3 'Grampanchayats' namely Bhukum, Bhugaon and Bavdhan. Bavdhan to Aundh stretch is under PMC.

Kirloskar Vasundhara wishes to create a holistic and sustainable model through RRM. They believe that ensuring ever flowing rivers will foster a peaceful society and a bountiful nature for today and for generations to come. They have planned to take cooperation from various colleges associated with KVER, environmental organizations, experts, 3 Kirloskar Companies from Pune, Media Houses and citizens.


'Train the Trainer Workshop' - In order to explain RRM, Kirloskar Vasundhara organized this year's 'Train the Trainer Workshop'. This specific workshop took place on 29th June 2019, Saturday near Tata Foundry, Village Dhamane, Taluka Maval, Pune, Maharashtra

From IMCC, three students and one faculty member attended this conference.

Students:

1. Abhijit Dalal (MCA III)
2. Prathmesh Kulkarni (MCA III)
3. Apurva Ghare (MCA III)

Faculty Member: - Mrs. Darshana Yadav (Assistant Professor)


Mrs. Darshana Yadav
Coordinator


Dr. Santosh Deshpande
Director

Ramnadi Restoration - Train the Trainer Workshop





Maharashtra Education society's
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Glimpses:



IMCC students participated in Kirloskar Vasundhara at Tata Foundry, Village Dhamane, Taluka Maval, Pune, Maharashtra



Eminent Speaker delivering talk in Kirloskar Vasundhara at Tata Foundry





Eminent Speaker delivering talk in Kirloskar Vasundhara at Tata Foundry



Atul Kirloskar Addressing Audience



MES' Institute of Management and Career Courses (IMCC), Pune	
(A.Y. 2018-19)	
Attendance	
Programme	MCA
Topic	Ramnadi Restoration - Train the Trainer Workshop
Date	29th June 2019
Venue	Tata Foundry, Village Dhamane, Taluka Maval, Pune, Maharashtra.
Sr. No.	Name of Student
1	Abhijit Dalal
2	Prathmesh Kulkarni
3	Apurva Ghare


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NOTICE

Date: 20th June 2019

INTERNATIONAL YOGA DAY

Yoga is very beneficial for our health. It increases flexibility, muscle strength and tone, improves respiration, energy and vitality.

Here in MES's IMCC, we will celebrate Yoga Day on 21st June 2019.
All faculties are requested to attend the Yoga Session.

Reporting Details:

Date : 21st June 2019

Time : 9.30 am

Venue : Ground Floor, IMCC Building


Mrs. Darshana Yadav
Coordinator




Dr. Santosh Deshpande
Director



Maharashtra Education society's
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A. Y. 2018-19

21ST JUNE 2019

INTERNATIONAL YOGA DAY REPORT

Yoga is very beneficial for our health. It increases flexibility, muscle strength and tone, improves respiration, energy and vitality.

Here, in IMCC, we all celebrated 5th international yoga day. On this occasion, we invited a Yoga Guru Mrs. Jyotsna Kale (Yog Shikshak, Yog Pravin, Yog Vidya Gurukul). We learnt and performed different yogasan as well as pranayama.

Institute's director Dr. Santosh Deshpande sir also guided us in learning yoga.

Here is a list of yogasana learnt and performed.

1. TĀDĀSANA (Palm Tree Posture)
2. VRKŚĀSANA (The Tree Posture)
3. PĀDA-HASTĀSANA (The Hands to Feet Posture)
4. ARDHA CĀ KRĀSANA (The Half Wheel Posture)
5. TRIKONĀSANA (The Triangle Posture)
6. BHADRĀSANA (The Firm/ Auspicious Posture)
7. ARDHA USTĪRĀSANA (The Half Camel Posture)
8. ŚAŚĀNKĀSANA (The Hare Posture)
9. VAKRĀSANA (The Spinal Twist Posture)
10. BHUJANGĀSANA (The Cobra Posture)






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11. ŚĀLABHĀSANA (The Locust Posture)
12. MAKARĀSANA (The Crocodile Posture)
13. ŚETUBANDHĀSANA (The Bridge Posture)
14. PAVANAMUKTĀSANA (The Wind Relieving Posture)
15. ŚAVĀSANA (The Dead Body Posture)

Pranayam:

1. ANULOMA VILOMA
2. BHRĀMARĪ PRĀNĀYĀMA (BHRĀMARĪ RECAKA)


Mrs. Darshana Yadav
Coordinator

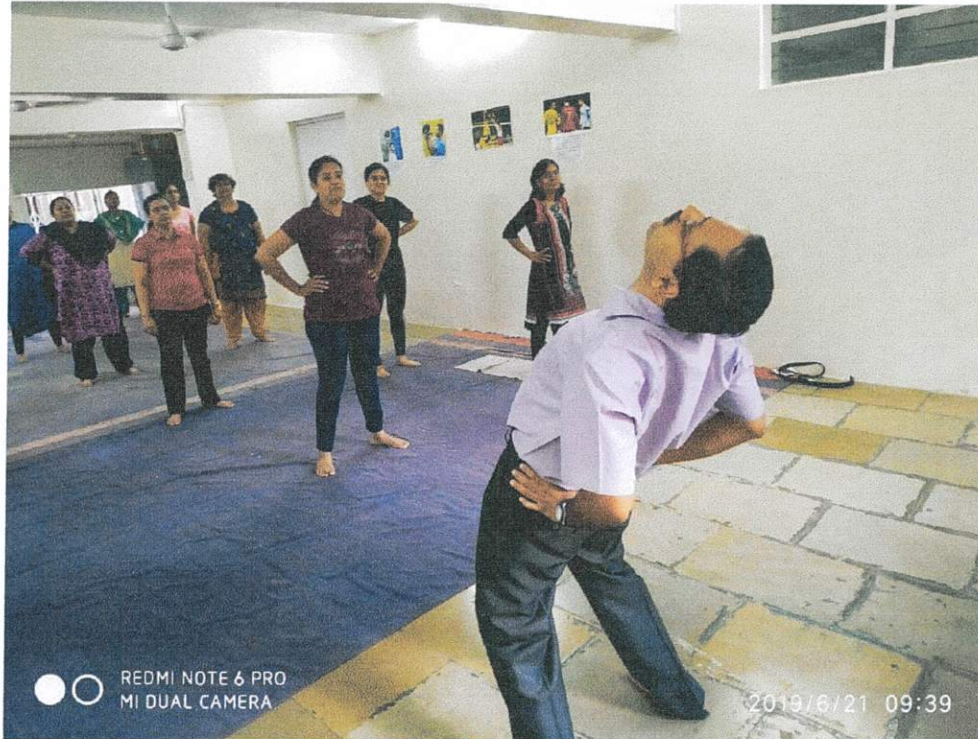

Dr. Santosh Deshpande
Director





Maharashtra Education society's
Institute of Management and Career Courses (IMCC), Pune

Here are glimpses of yoga training:



Dr. Santosh Deshpande demonstrating asanas to faculty members



Dr. Santosh Deshpande demonstrating asanas to faculty members
INTERNATIONAL YOGA DAY



Maharashtra Education society's
Institute of Management and Career Courses (IMCC), Pune



Mrs. Jyotsna Kale demonstrating asanas to faculty members



Faculty members along with Mrs. Jyotsna Kale on the occasion of Yoga Day



MES's INSTITUTE OF MANAGEMENT AND CAREER COURSES (IMCC), PUNE

(A.Y. 2018-19)

Yoga Day Attendance

Sr. No.	Name of Faculty	Signature
SDP 1	Santosh Deshpande	
MSB 2	Dr. Manasi Bhate	
SDM 3	Dr. Shweta Meshram	
SSP 4	Dr. Shilpa Parlikar	
JSP 5	Jayashree Patil	
ASP 6	Mrs. Ashwini S. Patil	
MST 7	Dr. Minakshi More	
DPY 8	Darshana Yadav	
SP 9	Swapnaja Patwardhan	
AAB 10	Mrs. Apurva A. Barve	
MLK 11	Mukul Kulkarni	
DNB 12	Dipti Belsare	
PBP 13	Prashant B. Patil	
SPP 14	Shital P. Pingale	
15	Venugopal Narsingoji	
16		
17		

Ms. Darshana Yadav
Coordinator



Dr. Santosh Deshpande
Director