

A.Y. 2019-20

Summary Report Extension and Outreach Programmes

Summary Report for Number of extension and outreach Programmes conducted by the institution during AY. 2019-20.

Sr. No.	Name of the Activity	Date	Number of participants
1	Kargil Vijay Diwas Celebration	26th July 2019	117
2	Session on "Jammu-Kashmir and Section 370-35A" (Chati Sir)	10th August 2019	65
3	Film Making Workshop	24th August 2019	4
4	FIT India Movement Report	29th August 2019	35
5	Poster Making	08th November 2019	- 11
6	Indian Constitution Day Celebration	26th November 2019	23
7	Seminar on India-China Relations in the Twenty First Century: Challenges and Opportunities	03rd March 2020	77
8	DIGITAL WELLNESS LECTURE	30th May 2020	99
9	COVID-19 Awareness Program	4th May 2020	34
10	Women's Health at Every Age	8th March 2020	17
11	Guest lecture on "Emotional Intelligence and Optimized Thought Pattern"	20th June 2020	97
12	international Yoga Day	21st June 2020	32

Dr. Santosh Deshpande Director





A.Y. 2019-20

NOTICE

Date: 22th July 2019

KARGIL VIJAY DIWAS CELEBRATION

Kargil Vijay Diwas is observed every year on 26^{th} July to honor the brave soldiers of the Indian army who selflessly laid down their lives to safeguard India's borders.

On this occasion, to inculcate and improve respect about our Indian army and country within the young generation of our state, the Maharashtra State Government declares to conduct a screening of patriotic movie "Uri: The Surgical Strike".

Reporting Details:

Date : 26th July 2019 Time : 10.00 am.

Venue: MES Auditorium

Mrs. Darshana Yadav

Coordinator

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Dr. Santos Deshpande



A. Y. 2019-20

KARGIL VIJAY DIWAS CELEBRATION REPORT

Kargil Vijay Diwas, named after the successful Operation Vijay, is celebrated in India on 26 July. On this date in 1999, India successfully took command of the high outposts which had been lost to Pakistan.

The Kargil war was fought for more than 60 days, ended on 26 July and resulted in loss of life on both sides. The war ended with India regaining control of all the previously held territory, hence re-establishing the status quo ante bellum.

Kargil Vijay Diwas is celebrated on 26 July every year in honor of the Kargil War's Heroes.

This day is celebrated in the Kargil-Dras sector and the national capital New Delhi, where the Prime Minister of India pays homage to the soldiers at Amar Jawan Jyoti at India Gate every year.

Functions are also organized all over the country to commemorate the contributions of the armed forces.

On this occasion, to inculcate and improve respect about our Indian army and country within the young generation of our state, the Maharashtra State Government declares to conduct a screening of patriotic movie "Uri: The Surgical Strike".

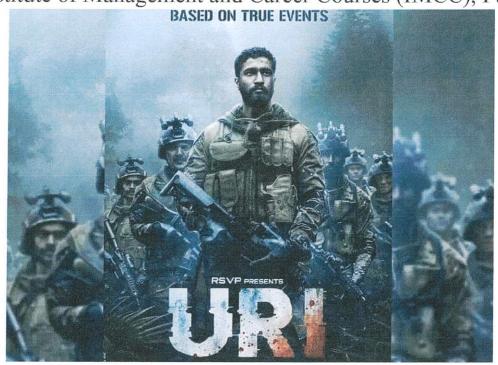
IMCC conducted this show in the auditorium on 26th July 2019 at 10.00 am. All students, teaching, non-teaching staff attended the show.

Mrs. Darshana Yadav Coordinator

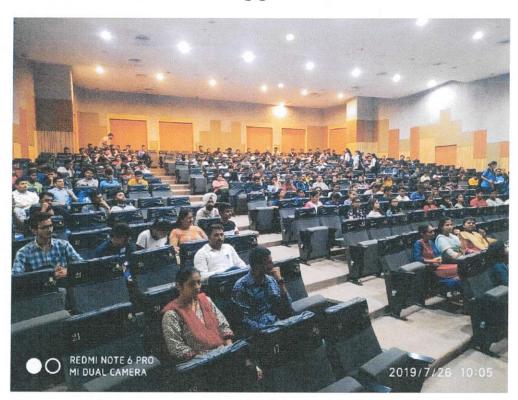
Dr. Santosh Deshpande Director



Maharashtra Education society's Institute of Management and Career Courses (IMCC), Pune BASED ON TRUE EVENTS



Movie Screening @MES Auditorium

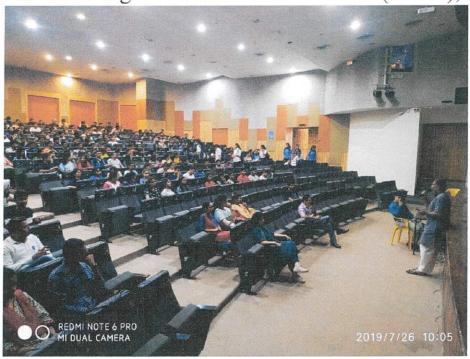


Movie Screening @MES Auditorium

Career C

KARGIL VIJAY DIWAS CELEBRATION





Prof. Vaidya explaining the purpose of Kargil Vijay Diwas



	(A.Y. 2019-20)
	Attendance
rogramme	MCA
Topic	KARGIL VIJAY DIWAS CELEBRATION
Date	26th July 2019
Sr. No.	Name of Student
1	ADAKMOL PUNAM M.
2	APTE SHRUTI S.
3	BHAWAL AKASH M.
4	BHOGADE DISHA S.
5	BIHANI NANDAN M.
6	BOMBE AJIT D.
7	BRAHME NIRANJAN A.
8	CHAVAN ARPITA V.
9	DALAL MADHUMITA .
10	DAM PRANAY .
11	DAREKAR PRANALI .
12	DESAI PREETI Y.
13	DESHMUKH RADHIKA S.
14	DESHPANDE NIMISH P.
15	DESHPANDE SONIYA A.
16	DIXIT SHUBHAM K.
17	DUBILE KISHOR V.
18	GHAISAS ADVAIT R.
19	CODE CUREVA
20	INCLU KAD DDANIT D
21	JADHAV SANGHARSHA R.
22	JAGTAP RAHUL K.
23	KADALE AMANI
24	NONE DESCRIPTION
25	KOLLIMARLA SRIVAISHNAVI S.
26	KULKARNI BHAVANA .
27	KULKARNI KAUSTUBH N.
28	KULKARNI PRATIK P.
29	KULKARNI VARUN R.
30	I ENDWE KIDAN D
31	LONDHE ROHIT S.
32	MAHABAL ATHARVA S.
33	MARATHE JAYMALA V.



-	
34	MAYANE SHUBHAM S.
35	MEHTA AAKANKSHA M.
36	МЕНТА NEHA P.
37	NALAWADE TRILOKNATH J.
38	NIPHADKAR PRASAD B.
39	PARDESHI KRUTIKA N.
40	PATEL RITIK .
41	PATIL ANIKET S.
42	DATH DALLAND D
43	DATIL DALILIL V
44	
45	PATTEWAR SHRUTI B.
46	PRADHAN RASIKA S.
47	RAGHU JYOTI U.
	RATHOD ANKUSH .
48	RATNAPARKHE SUDEEP P.
49	RAUT SHUBHAM N.
50	SAVAKHAND PRADNYA P.
51	SHAHU SHYAMAL R.
52	SHAIKH ARIF M.
53	SHARMA ANKIT K.
54	SHINDE AKANKSHA .
55	SHINDE SANDHYARANI G.
56	UPKARE JUILY M.
57	ABHYANKAR VIBHAV .
58	AKHADE NILESH D.
59	ANGEER HRISHIKESH R.
60	BALMIKI DEEPAK M.
61	BELOKAR RUSHABH D.
62	BHALERAO TRINETRA N.
63	BHAVE NUPUR S.
64	BHOJAK SHIVANI.
65	BIHANI JAI A.
66	CHAUDHARI NIKHIL V.
67	DAHAPUTE ADITYA R.
68	DESHMUKH VAISHNAVI A.
69	DHADHI DINESH .
70	GHATOL AKASH N.
71	INGLE SHIVANI B.
72	JAGTAP HRISHIKESH J.
73	KAMBLE POOJA P.
74	KAPASE SANJAY B.
75	KARYAKARTE AVANI S.
76	KASPATE TANVI S.
77	KHANDAJKAR KOMAL S.
78	KULKARNI ABHISHEK A.
79	KULKARNI SHRIYA M.



80	KULTHE ADITYA K.
81	LADDAD AKSHADA S.
82	MAMIDWAR SHREYA .
83	MANEKAR SIDDHANT P.
84	MAYENGBAM MALEMNGANBA M.
85	MORE SHUBHAM I.
86	MUNOT SHWETA S.
87	NAIK PRITAM .
88	NAMAWAR SATYAJEET L.
89	PANDE SARITA S.
90	PARIKH RADHIKA B.
91	PATIL NIKHIL R.
92	PEHARKAR AKSHAY A.
93	PUNTAMBEKAR KAUSHIK M.
94	RANE POOJA P.
95	SABNE PRITEE P.
96	SARKAR KUNAL.
97	SATPUTE PRIYANKA S.
98	SHAH PUNIT A.
99	SHENDE SARANG.
100	SHETE AKSHAYKUMAR S.
101	SOFI AZHAR.
102	SONGIRE DHIRAJ R.
103	SURYAWANSHI CHAITALI S.
104	TAMBOLI SHRUTI S.
105	THANAGE RUTVIK K.
106	THORAT PRAJAKTA B.
107	VAISHNAVI KALE
108	VARTAK ADITYA A.
109	VERMA AKANKSHA .
110	DESHMUKH JAYASHREE R.
111	DHOK VAISHNAVI P.
112	GAWANDE JANHAVI H.
113	JADHAV PRIYANKA V.
114	JANGID RAKHI B.
115	JOSHI ANIKET S.
116	MAHAJAN MAYUR M.
117	MAKANWAR PRAJWAL S.

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande Director





A.Y. 2019-20

NOTICE

Date: 6th August, 2019

Guest Lecture "Jammu-Kashmir and Section 370-35A"

On 5 August 2019, the government of India revoked the special constitutional status of the erstwhile state of Jammu and Kashmir under Article 370 of the Constitution, and abrogated Article 35A which had allowed it to define who its 'permanent residents' are and what rights and privileges are attached to such residency.

A Guest Lecture on "Jammu-Kashmir and Section 370-35A" is organized for the students of MCA details of the session are as below.

Reporting Details:

Date: 10th August 2019

Time: 10:30 am to 12:00 noon Venue: MES's Auditorium

Dr. Minakshi More Coordinator M.E.Social Services of the Season 19916 of the

Dr. Santosh Deshpande



A. Y. 2019-20

Report On Guest Lecture "Jammu-Kashmir and Section 370-35A"

Date: Saturday, August 10th 2019 **Time**: 10:30 am to 12:00 noon **Venue**: MES's Auditorium

About Speaker: Mr. Vinay Chati, Head, Dept. of Mass Communication & Journalism, MES's

AGC, Pune Education:

- Bachelor of Commerce (1996) from Hirachand Nemchand College of Commerce, Solapur.
- Bachelor of Journalism (2003) from Tilak Maharashtra Vidyapeeth. Pune.
- Defense & Strategic Studies from University of Pune

Worked as:

- Chief Copy Editor & Edition/Shift Coordinator, Times Group (Maharashtra times)
- Copy Editor & Co-ordinator for SMS desk (Sakal Group)
- Defense Correspondent & Copy Editor, Lokmat (Lokmat Media Group)
- Copy Editor, Saamana
- Copy Editor cum Reporter, Kesari

Report in Brief: Guest Lecture on "Jammu-Kashmir and Section 370-35A" was organized for the students of MCA. Dr. Santosh Deshpande, Director, IMCC welcomed and felicitated the guest speaker. Mr. Mukul Kulkarni introduced the speaker and the topic of the lecture to the students. Vinay sir talked on Jammu kashmir geographical structure and limitations. He talked on article 370: constitutional history of Jammu and Kashmir. Further he talked on revocation of article 370-35A and how it would change the face of kashmir.

The vote of thanks was given by Mr. Mukul Kulkarni. The lecture was appreciated by most of the students and requested to arrange such talk in the future also.

No. of students attended the lecture: 65

Dr. Minakshi More

Coordinator

Dr. Santosh Deshpande

Director

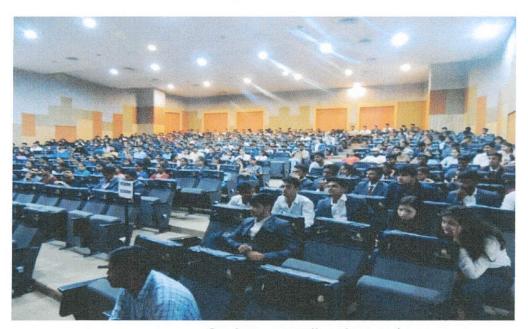
Jammu-Kashmir and Section 370-35A

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Dr. Vinay Chati sir Opening Remark



Students attending the session



	(A.Y. 2019-20)
	Attendance
Programme	MCA
Topic	Guest Lecture "Jammu-Kashmir and Section 370-35A"
Speaker	Mr. Vinay Chati
Date	10th August 2019
Sr. No.	Name of Student
1	AGARWAL SHIVANI S.
2	AMRUTKAR AMEY S.
3	APTE MRUNAL Y.
4	BHAGAT SHUBHAM V.
5	BHATNAGAR MOHIT
6	BHISE SWAPNIL J.
7	BHOSALE INDRANEEL U.
8	BHUYAR AKASH G.
9	BIHADE SHUBHAM S.
10	BRAHME HARISH S.
11	BURSE SAKSHI S.
12	CHAUDHARI JAYESH P.
13	DALAL KAUSTUBH V.
14	DESHMUKH JAYASHREE R.
15	DHOK VAISHNAVI P.
16	GAWANDE JANHAVI H.
17	JADHAV PRIYANKA V.
18	JANGID RAKHI B.
19	JOSHI ANIKET S.
20	KACHARE KALYANI S.
21	KADAM KUNALSING A.
22	KALOTI DHARMJEET SINGH A.
23	KALPANDE ADITYA N.
24	KAMBLE AKSHAY S.
25	KAMBLE PRATIK N.
26	KAPURE VICKY L.
27	KHILARE VIRENDRA K.
28	KHUDE MANGESH T.
29	KHURANA AMAN S.
30	ADEP MADHURI L.
31	BADGUJAR POOJA R.

33	BAWISKAR SAGARIKA P.
34	BHANDARI PRAFULL P.
35	BORLEPWAR SARANG M.
36	CHAUDHARI GAGAN S.
37	CHOUDHARI RITIK S.
38	DESHPANDE ARPITA G.
39	DEVRUKHKAR SAGAR R.
40	DHARASKAR GAURAV S.
41	DONODE SHIVANI D.
42	HIVAREKAR SAYALI M.
43	JAISWAL PRANEET K.
44	JOSHI DISHA C.
45	KADAM SAKSHI S.
46	KALE MAYUR B.
47	KALYANKAR VINIT N.
48	KAMBLE CHETAN V.
49	KANADE ROHIT M.
50	KANDALKAR PRIYANKA P.
51	KASAR SANKET J.
52	KAVERI GAURAV G.
53	KELKAR VARUN N.
54	KHILOSHIYA PRITESH N.
55	KSHIRSAGAR ABHIRAM M.
56	KULKARNI SHUBHAM D.
57	KUSURKAR HERAMB A.
58	LIMAYE CHINMAY C.
59	MALIYE SHUBHAM V.
60	MALIYE SWETA V.
61	MANDAN CHANDA R.
62	NAIR ROHIT
63	NIKHARE SAGAR P.
64	PASTE RUTUJA S.
65	PENDALWAR MEENAKSHI R.

Dr. Minakshi More

Coordinator

Dr. Santosh Deshpande



A.Y. 2019-20

NOTICE

Date: 22nd August 2019

All students of our college are hereby informed that Kirloskar Vasundhara organized a one day "Filmmaking Workshop" for students on 24th August 2019 at Environmental Science Department of Bharti Vidyapeeth, Katraj Pune. Our students can attend the said workshop since we are participating in Kirloskar Vasundhara's GCCC competition this year. Interested students can enroll their name to the event coordinator Mrs. Darshana Yadav.

Details of Meeting: Film Making Workshop

Date: 24th August 2019 Time: 10 am onwards

Venue: Environmental Science Department of Bharti Vidyapeeth, Katraj Pune

Mrs. Darshana Yadav Coordinator Dr. Santosh Deshpande



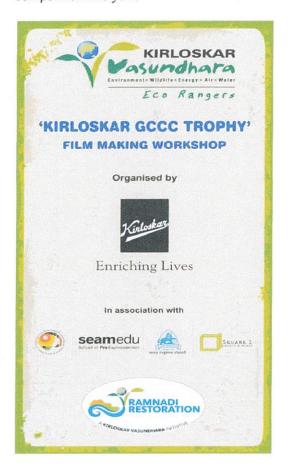


A. Y. 2019-20

Film Making Workshop - 24th August 2019

Kirloskar Vasundhara organized a one day "Filmmaking Workshop" for students on 24th August 2019 at Environmental Science Department of Bharti Vidyapeeth, Katraj Pune.

IMCC students attended the said workshop since we are participating in Kirloskar Vasundhara's GCCC competition this year.



Film Making Workshop for 'Kirloskar Green College Clean College (GCCC) Trophy 'was inaugurated at the hands of veteran environmentalist Dr.Erach Bharucha in presence of Madhav Chandrachud (Chairman KVIFF), Virendra Chitrav (Festival Director) and Prof.Kranti Yardi. There was very enthusiastic response from KVER participating colleges.

Film experts Prof. Ritabrata Mitra, Sagar Gokhale and Ganesh Shinde from Seam Edu College explained various aspects of filmmaking. Additional focus for this year was Ramnadi Restoration.

Mrs. Darshana Yadav Coordinator

Film Making Workshop



Dr. Santosh Deshpande



IMCC MCA student participated in the event- Film Making Workshop for 'Kirloskar Green College Clean College (GCCC) Trophy



The august gathering receiving the notes from Film Making Workshop





Speaker introducing the event Film Making Workshop.



Speaker introducing the event Film Making Workshop.



MES' Institute of Management and Career Courses (IMCC), Pune	
	(A.Y. 2019-20)
Attendance	
Programme	MCA
Topic	Film Making Workshop
Date	24th August 2019
Sr. No.	Name of Student
1	Rushabh Belokar
2	Akash Ghalot
3	Sudeep Ratnaparkhi
4	Aditya Vartak

Mr.

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande





A.Y. 2019-20

NOTICE

Date: 22th August 2019

FIT INDIA MOVEMENT

India's Prime Minister **Mr. Narendraji Modi** launched a nationwide "FIT INDIA" movement on 29th August 2019 at Indira Gandhi Stadium Complex in New Delhi. This movement was started on the occasion of "National Sports Day"

At the event, the prime minister will address the people and also administer a fitness pledge.

The live coverage of this program will be screened for the students in IMCC.

Reporting Details:

Date : 29th August 2019

Time: 10.00 am. Venue: Hall no 203

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande





Maharashtra Education Society's

INSTITUTE OF MANAGEMENT AND CAREER COURSES

A. Y. 2019-20

FIT INDIA MOVEMENT – 29th August 2019

India's Prime Minister Mr. Narendra Modi launched a nationwide "FIT INDIA" movement on 29th August 2019 at Indira Gandhi Stadium Complex in New Delhi. This movement was started on the occasion of "National Sports Day".

At the event, the prime minister addressed the people and also administered a fitness pledge.

The live coverage of this program was shown to the students in IMCC on 29th Aug 2019.

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpa





INSTITUTE OF MANAGEMENT AND CAREER COURSES



India's Prime Minister Mr. Narendra Modi addressing the people on "FIT INDIA" program



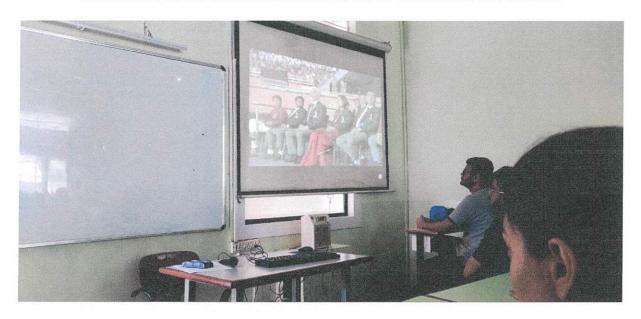
IMCC students attending the live program on "FIT INDIA" movement

FIT INDIA MOVEMENT



Maharashtra Education Society's

INSTITUTE OF MANAGEMENT AND CAREER COURSES



IMCC students attending the live program - "FIT INDIA" movement



	(A.Y. 2019-20)
	Attendance
Programme	MCA
Topic	FIT INDIA MOVEMENT
Speaker	Prime Minister Mr. Narendraji Modi (Live Program)
Date	29th August 2019
Sr. No.	Name of Student
1	BHAVE NUPUR S.
2	BHOJAK SHIVANI .
3	BIHANI JAI A.
4	CHAUDHARI NIKHIL V.
5	DAHAPUTE ADITYA R.
6	DESHMUKH VAISHNAVI A.
7	DHADHI DINESH .
8	GHATOL AKASH N.
9	INGLE SHIVANI B.
10	JAGTAP HRISHIKESH J.
11	KAMBLE POOJA P.
12	KAPASE SANJAY B.
13	KARYAKARTE AVANI S.
14	PEHARKAR AKSHAY A.
15	PUNTAMBEKAR KAUSHIK M.
16	RANE POOJA P.
17	SABNE PRITEE P.
18	SARKAR KUNAL .
19	SATPUTE PRIYANKA S.
20	SHAH PUNIT A.
21	SHENDE SARANG .
22	SHETE AKSHAYKUMAR S.
23	SOFI AZHAR .
24	SONGIRE DHIRAJ R.
25	SURYAWANSHI CHAITALI S.
26	TAMBOLI SHRUTI S.
27	THANAGE RUTVIK K.



28	KOKIL PUSHKAR S.
29	MARATHE JAYMALA V.
30	PATEL RITIK.
31	PRADHAN RASIKA S.
32	RATHOD ANKUSH .
33	SHAIKH ARIF M.
34	SHARMA ANKIT K.
35	SHINDE SANDHYARANI G.

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande





A.Y. 2019-20

NOTICE

Date: 1st November 2019

Poster Making Competition

It is hereby informed to all the students of IMCC that under Kirloskar Vasundhara's "Green College Clean College (GCCC)" IMCC is going to organize poster making competition at IMCC Campus. The program details are as follows. Interested students can enroll their names to Event Coordinator Mrs. Darshana Yadav.

Date - 8th November 2019

Time - 1.00 pm to 3.00pm

Venue- Ground floor- G1

The Themes are:

- Pollution
- Save water and Trees

Prof. Darshana Yadav

Coordinator

W.E. Society. W.E. Society. PunE 36.

Dr. Santosh Deshpande



A. Y. 2019-20

Poster Making Competition - 08th November 2019

Under Kirloskar Vasundhara's "Green College Clean College (GCCC)" competition, we at IMCC conducted poster making activity for all students on 8th November 2019.

Students were given the theme and they needed to create the poster run time related to that theme. The theme was

- Pollution
- Save water and Trees

Students prepare posters with their creative ideas and effectively portrayed air pollution problems on their posters.

This competition is reviewed by Dr. Manasi Bhate and following students are declared as winners.

- 1. Shriya Kulkarni
- 2. Shruti Tamboli

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande







Students enjoying the Poster Making competition 8th Nov 2019.



Students enjoying the Poster Making competition 8th Nov 2019.







Poster's done by students in the Poster Making competition 8th Nov 2019.



Poster's done by students showcased in Poster Making competition 8th Nov 2019.

Poster Making Competition







Poster's done by students showcased in Poster Making competition 8th Nov 2019.



Poster Making Competition





Maharashtra Education society's

Institute of Management and Career Courses (IMCC), Pune

Poster's done by students showcased in Poster Making competition 8 Nov 2019.



Poster's done by students showcased in Poster Making competition 8th Nov 2019.



MES' Institute of Management and Career Courses (IMCC), Pune		
(A.Y. 2019-20)		
Attendance		
Programme	MCA	
Topic	Poster Making Competition	
Date	08th November 2019	
Sr. No.	Name of Student	
1	BHOJAK SHIVANI .	
2	KAMBLE POOJA P.	
3	KULKARNI ABHISHEK A.	
4	KULKARNI SHRIYA M.	
5	MORE SHUBHAM I.	
6 ·	MUNOT SHWETA S.	
7	SATPUTE PRIYANKA S.	
8	SHAH PUNIT A.	
9	SONGIRE DHIRAJ R.	
10	SURYAWANSHI CHAITALI S.	
11	TAMBOLI SHRUTI S.	

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Mrs. Darshana Yadav

Coordinator



Dr. Santosh Deshpande



A.Y. 2019-20

NOTICE

Date: 25th November 2019

Indian Constitution Day Celebration

MES IMCC will be celebrating the 'Constitution Day' or 'Samvidhan Divas' on 26th November 2019.

All faculties are requested to assemble in the office @10:30 am.

Reporting Details:

Date : 26th November 2019

Time : 10.30 am

Venue: MES IMCC Office

Dr. Minakshi More Coordinator

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Dr. Santosh Deshpande



A. Y. 2019-20

Indian Constitution Day Celebration – 26th November 2019

November 26 is observed as Constitution Day or 'Samvidhan Diwas' every year, which commemorates the adoption of the Constitution of India. The Government of India, in 2015 decided to observe 26th November as 'Constitution Day' or 'Samvidhan Divas'.

MES IMCC celebrated the 'Constitution Day' or 'Samvidhan Divas' on 26^{th} November 2019 by taking oath to abide by the constitutions .

Dr. Minakshi More

Coordinator

Dr. Santosh Deshpande







IMCC Teaching and Non Teaching Staff taking Oath on Indian Constitution Day Celebration



IMCC Teaching and Non Teaching Staff taking Oath on Indian Constitution Day Celebration



	(A.Y. 2019-20)
×	Attendance
Programme	MCA
Topic	Indian Constitution Day Celebration
Date	26th November 2019
Sr. No.	Name of Student
1	Dr. S. D. DESHPANDE
2	Dr. R.P. VAIDYA
3	Dr. M. S. BHATE
4	Dr. R. S. ZIRMITE
5	Dr. S. D. MESHRAM
6	Mrs. S. S. PARALIKAR
7	Mrs. J. S. PATIL
8	Mrs. A. S. PATIL
9	Dr. M. M. MORE
10	Mrs. D. P. YADAV
11	Mrs. M. P. SHIRURKAR
12	Dr., S. S. PATWARDHAN
13	Mr. M. L. KULKARNI
14	Mrs. A. A. BARVE
15	Ms. K. S. DHENDE
16	Ms. D. N. BELSARE
17	Dr. V. S. NARSINGOJU
18	Dr. G. A. Bodhankar
19	Dr. P.S. Vatharkar
20	Dr. Poonam Rawat
21	Mr. Rahul Shinde
22	Mr. Avinash Pagare
23	Mrs. Ankita Deshpande

Dr. Minakshi More

Coordinator



Dr. Santosh Deshpande



A.Y. 2019-20

NOTICE

Date: 26th February 2020

Seminar on 'India-China Relations in the Twenty First Century : Challenges and Opportunities'

Center for Advanced Strategic Studies (CASS), Pune and Center for China Analysis and Strategy (CCAS), New Delhi will be organizing a one day Seminar on 'India-China Relations in the Twenty First Century: Challenges and Opportunities' on 03rd March 2020.

The Seminar will be held at the MES Institute of Management and Career Courses (IMCC), IMCC Campus, 131, Mayur Colony, Kothrud, Pune 411038. The Seminar will be conducted in collaboration with the Indian Council of World Affairs (ICWA), New Delhi.

All students are requested to attend the seminar.

Reporting Details:

Date: Tuesday, 03 March 2020

Time : 9.30 am to 11:30 am

Venue: MES Institute of Management and Career Courses (IMCC), IMCC

Campus, 131, Mayur Colony, Kothrud, Pune 411 038

Mrs. Ashwini Patil

Coordinator

Dr. Santosh Deshpande





A.Y. 2019-20

Seminar on 'India-China Relations in the Twenty First Century : Challenges and Opportunities'

Date – 03rd March 2020 Time - 9.30 am to 11:30 am Venue- MES Auditorium Speaker – Air Marshal BN Gokhale, Director, CASS

Seminar on 'India-China Relations in the Twenty First Century : Challenges and Opportunities' on $03^{\rm rd}$ March 2020

Center for Advanced Strategic Studies (CASS), Pune and Center for China Analysis and Strategy (CCAS), New Delhi has organized a one day Seminar on 'India-China Relations in the Twenty First Century: Challenges and Opportunities' on 03rd March 2020.

The Seminar held at the MES Institute of Management and Career Courses (IMCC), IMCC Campus, 131, Mayur Colony, Kothrud, Pune 411038. The Seminar was conducted in collaboration with the Indian Council of World Affairs (ICWA), New Delhi. The programme copy of the Seminar is attached.

Each speaker presented a Paper during the sessions I, II and III had been allotted 20 minutes.Rest of the time was utilized for Q&A session.Facilities for PowerPoint presentation are available. Audience includes serving and retired Armed forces and Civil services officers, senior citizens, journalists and College Students.

Mrs. Ashwini Patil

Coordinator

Dr. Santosh Deshpande

Director

India-China Relations in the Twenty First Century

1



SCHEDULE

INDIA-CHINA RELATIONS IN THE TWENTY FIRST CENTURY – CHALLENGES AND OPPORTUNITIES

Date	Time	Event
03 March 2020	0930 h - 1000 h 1000 h - 1100 h	Tea and Registration Inaugural Address by Director, CASS Remarks by Director, CCAS Keynote Address by Shri Vijay Gokhale, IFS
03 March 2020	1100 h - 1120 h	Tea Break
03 March 2020	1120 h - 1230 h	Session I India China Economic Ties Speaker I Shri AjitRanade Speaker II Ms Namrata Hasija Q & A
03 March 2020	1230 h - 1345 h	Session II Doklam Crises to Mamallapuram Informal Summit: Analysing the broad Trends in India-China Military Relations Speaker I Lt Gen Pravin Bakshi, PVSM, AVSM, VSM (Retd) Speaker II Cdr Arnab Das, (Retd) Q & A
03 March 2020	1345 h - 1430 h	Lunch
03 March 2020	1430 h - 1545 h	Session III





Maharashtra Education society's

Institute of Management and Career Courses (IMCC), Pune

IIIbtitute 01	Trianagement t	ind Carcer Courses (IIVICC), I di
		Recent Protests in Hongkong and Its Impact on Uyghur Muslims in Xinjiang, Dalai Lama Supporters in Tibet and Taiwan Speaker I Shri Gautam Bambawale, IFS (Retd) Speaker II Shri Nitin Gokhale Q & A
03 March 2020	1545 h - 1640 h	Concluding Remarks by Shri Sudhir Devre, IFS (Retd) Remarks by Shri JayadevRanade Closing Remarks by Shri MK Mangalmurti, IFS (Retd), President, CASS



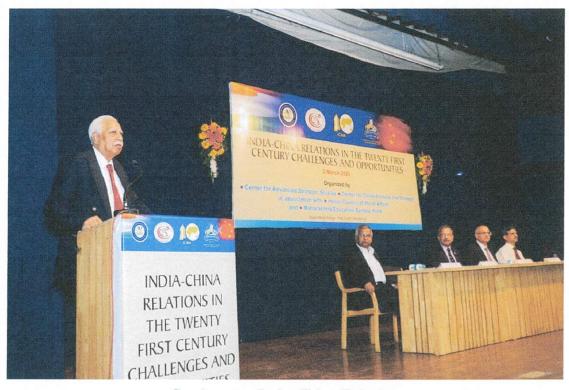
Guest welcome for Indo-China Relation Seminar







Participant Registration for Indo-China Relation Seminar



Seminar on Indo-China Relation







Seminar on Indo-China Relation



	(A.Y. 2019-20)	
	Attendance	1
Programme	MCA	
Topic	Seminar on 'India-China Relations in the Twenty First Century : Challenges and Opportunities'	
Speaker	Air Marshal BN Gokhale, Director, CASS	
Date	03rd March 2020	1
Sr. No.	Name of Student	1
1	Shubham Bhagat]
2	Tanishk Saxena	
3	Khushboo Asrani	
4	Aniruddha Pratim	
5	Abhilasha Sharma	
6	Vrinda Bhyana	
7	Epcita Shukla	
8	Radhika Mall	, a
9	Sayali Phanse	
10	Sooraj Kashyap	
11	Kanika Sansanwal	
12	Rahul Kamath	
13	Omkar Mane	
14	Parimal Shete	
15	Rohit Kanade	9
16	Uday Patil	
17	Shubham Bihade	
18	Dinesh Dhadi	
19	Vibhav Abhyankar	
20	Bhavna Kulkarni	
21	Kollimarla Srivaishnavi	
22	Krutika Pardeshi	ociety's Institu
23	Abhishek Kulkarni	ociety's Institu
24	Jai Bihani	M.E.Society's I.M.C.C. PUME-38.
25	Pushkar Kokil	ety's
26	Hrishi Angeer	S Career C
27	Varun Kulkarni	

28	Rutvik Thanage
29	Nimish Deshpande
30	Prafull Bhandari
31	Ankita Tripathi
32	Devyani Thipe
33	Rakhi Jangid
34	Ayushi Sahay
35	Komal Khandajkar
36	Kiran Lendwe
37	Shubham More
38	
39	Sandhya Shinde
40	Preeti Desai
	Shweta Maliye
41	Dhaneshwar
42	Noopur Phadnis
43	Mrunal Apte
44	Janhavi Gawande
45	Vaishnavi Dhok
46	Gaurav Kulkarni
47	Varun Bhalerao
48	Kaushik Puntambekar
49	Vaibhavi Khedekar
50	Chinmay Limaye
51	Aditya Kalpande
52	Ajinkya Zende
53	Gagan Choudhari
54	Praneet Jaiswal
55	
56	Ankush Rathod
57	Varun Kelkar
	Aditya Tambe
58	Atharva Mahabal
59	Kshitij Pande
60	Mohit Bhatnagar
61	Harish Bramhe
62	Kunal Kadam Ditils Choudhasi
64	Ritik Choudhari Trinetra Bhalerao
65	Sayali Hivarekar
66	Aman Khurana
67	Aneri V. Shah

68 .	Rutuja Paste
69	Pranay Suryawanshi
70	Rushabh Belokar
71	Atharva Mahabal
72	Jaymala Marathe
73	Azhar Sofi
74	Sarang Shende
75	Vaishnavi Deshmukh
76	Akanksha Verma
77	Chaitali Suryawanshi

Mrs. Ashwini Patil

Coordinator

Dr. Santosh Deshpande





A.Y. 2019-20

NOTICE

Date: 28th May 2020

MES's IMCC had organized a webinar to learn effective Digital Lifestyle Techniques. It is hereby informed to all students of IMCC to join the lecture on time. The link for the program will be communicated shortly to your group.

Details of Meeting: DIGITAL WELLNESS LECTURE

Date: 30th May 2020 Time: 11.00 AM

Venue: Online (Zoom)

Speaker: Dnyaneshwar Nerkar, Cofounder of Tekvision (tekvision.in)

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande





A.Y. 2019-20

DIGITAL WELLNESS LECTURE 30th May 2020 REPORT

Mobile and other Digital technologies have become an indispensable part of our lives today, bringing in many advantages. But too much of a good thing becomes bad, sooner than later. Unfortunately, there is a lot of ignorance about mobile usage, especially its ILL-EFFECTS.

To address this concern, MES's IMCC had organized a webinar to learn simple yet effective Digital Lifestyle Techniques.

Due to COVID-19 situation, everyone was using their electronic gadgets a lot. So this webinar was very useful for all the students, their families as well as faculties, support & admin staff. It helped them in identifying the thin line of demarcation between apt usages of technology against the over-usage of the same.

Due to this webinar, our attitude towards gadgets became holistic and we started using them more responsibly and productively.

The resource person of this webinar was Dnyaneshwar Nerkar, Cofounder of Tekvision (tekvision.in), and a Digital Wellness Ambassador. He took us through an amazing journey of Digital Detoxification with some eye-opening scientific data!

The webinar was conducted on 30th May 2020 at 11.00 AM on zoom app. Also its live streaming was there on IMCC's Facebook page.

All teaching, non-teaching staff and students attended the webinar. Total attendance was 99.

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande

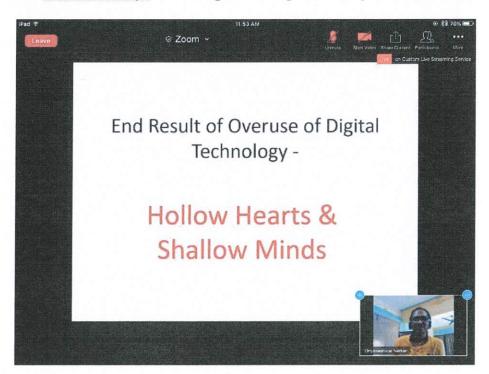
Director

DIGITAL WELLNESS LECTURE





Dr. Ravindra Vaidya welcoming to Guest speaker - Dnyaneshwar Nerkar



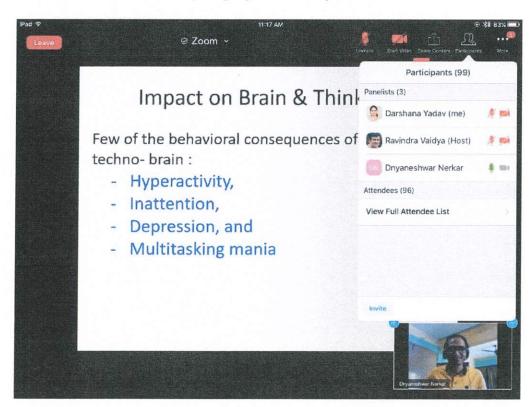
Dnyaneshwar Nerkar addressing the students and faculty

DIGITAL WELLNESS LECTURE





Dnyaneshwar Nerkar questioning student about will you like to understand whether you are the master of your gadgets or merely a slave of them?



Dnyaneshwar Nerkar while explaining the impact of gadgets on our brain.

DIGITAL WELLNESS LECTURE

	(A.Y. 2019-20)	
	Attendance	
Programme	MCA and MBA	
Topic	DIGITAL WELLNESS LECTURE	u l
Speaker	Dnyaneshwar Nerkar	
Date	30th May 2020	
Sr. No.	Name of Student	
1	ADAKMOL PUNAM M.	
2	APTE SHRUTI S.	
3	BHAWAL AKASH M.	
4	BHOGADE DISHA S.	
5	BIHANI NANDAN M.	
6	BOMBE AJIT D.	
7	BRAHME NIRANJAN A.	
8	CHAVAN ARPITA V.	
9	DALAL MADHUMITA .	
10	DAM PRANAY.	
11	DAREKAR PRANALI.	
12	DESAI PREETI Y.	
13	DESHMUKH RADHIKA S.	w.
14	DESHPANDE NIMISH P.	
15	DESHPANDE SONIYA A.	
16	DIXIT SHUBHAM K.	
17	DUBILE KISHOR V.	
18	GHAISAS ADVAIT R.	
19	GORE SHREYA.	
20	INGULKAR PRANIT B.	
21	JADHAV SANGHARSHA R.	
22	JAGTAP RAHUL K.	
23	KAPALE AMAN .	
24	KOKIL PUSHKAR S.	
25	KOLLIMARLA SRIVAISHNAVI S.	
26	KULKARNI BHAVANA .	
27	KULKARNI KAUSTUBH N.	
28	KULKARNI PRATIK P.	Society's Institu
29	KULKARNI VARUN R.	D-m
30	LENDWE KIRAN R.	UNE CONTRACT
31	LONDHE ROHIT S.	1 38 Cole
32	MAHABAL ATHARVA S.	Sino of Sil
33	MARATHE JAYMALA V.	M.E. Society's Institute I.M.C.C. PUNE-38. PUNE-38. PUNE-38. PUNE-38.
34	MAYANE SHUBHAM S.	
35	MEHTA AAKANKSHA M.	

36	MEHTA NEHA P.
37	NALAWADE TRILOKNATH J.
38	NIPHADKAR PRASAD B.
39	PARDESHI KRUTIKA N.
40	PATEL RITIK.
41	PATIL ANIKET S.
42	PATIL PALLAVI P.
43	PATIL RAHUL V.
44	PATTEWAR SHRUTI B.
45	PRADHAN RASIKA S.
46	RAGHU JYOTI U.
47	RATHOD ANKUSH .
48	RATNAPARKHE SUDEEP P.
49	RAUT SHUBHAM N.
50	SAVAKHAND PRADNYA P.
51	SHAHU SHYAMAL R.
52	SHAIKH ARIF M.
53	SHARMA ANKIT K.
54	SHINDE AKANKSHA .
55	SHINDE SANDHYARANI G.
56	UPKARE JUILY M.
57	ABHYANKAR VIBHAV .
58	AKHADE NILESH D.
59	ANGEER HRISHIKESH R.
60	BALMIKI DEEPAK M.
61	BELOKAR RUSHABH D.
62	BHALERAO TRINETRA N.
63	BHAVE NUPUR S.
64	BHOJAK SHIVANI .
65	BIHANI JAI A.
66	CHAUDHARI NIKHIL V.
67	DAHAPUTE ADITYA R.
68	DESHMUKH VAISHNAVI A.
69	DHADHI DINESH .
70	GHATOL AKASH N.
71	INGLE SHIVANI B.
72	JAGTAP HRISHIKESH J.
73	KAMBLE POOJA P.
74	KAPASE SANJAY B.
75	
76	KARYAKARTE AVANI S.
	KASPATE TANVI S.
77	KHANDAJKAR KOMAL S.
78	KULKARNI ABHISHEK A.
79	KULKARNI SHRIYA M.
80	KULTHE ADITYA K.
81	LADDAD AKSHADA S.
82	MAMIDWAR SHREYA.

84	MAYENGBAM MALEMNGANBA M.
85	MORE SHUBHAM I.
86	MUNOT SHWETA S.
87	NAIK PRITAM .
88	NAMAWAR SATYAJEET L.
89	PANDE SARITA S.
90	PARIKH RADHIKA B.
91	PATIL NIKHIL R.
92	PEHARKAR AKSHAY A.
93	PUNTAMBEKAR KAUSHIK M.
94	RANE POOJA P.
95	SABNE PRITEE P.
96	SARKAR KUNAL.
97	SATPUTE PRIYANKA S.
98	SHAH PUNIT A.
99	SHENDE SARANG.

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande





A.Y. 2019-20

NOTICE

Date: 30th April 2020

Covid Awareness Program Report

The unfortunate spread of the Covid-19 infection is of concern to us all and we have for health and safety reasons implemented a number of precautions in this respect. The precautionary measures are implemented for the safety of you, your colleagues and your families. In this regard, the Institute has decided to execute the Corona Pandemic Awareness Program.

All MBA students are requested to participate in this event.

Reporting Details:

Date : 4th May 2020 Time : 10.30 am

Venue : Online (Zoom)

Dr. Girish Bodhankar

Coordinator

Dr. Santash Deshpande



A.Y.2019-20

Covid Awareness Program Report

Date

: 4th May 2020

Topic Name : Corona Pandemic Awareness Program

The exercise is being carried out by MBA students. Students took initiative to create awareness regarding COVID-19 CORONA PANDEMIC with slogans on 4th May 2020 through Social Media.





Students Participation in Corona Pandemic Awareness Program

Corona Pandemic Awareness Program









Students Participation in Corona Pandemic Awareness Program

Dr. Girish Bodhankar Coordinator Dr. Santosh Deshpande



	(A.Y. 2019-20)
	Attendance
Programme	MCA
Topic	Corona Pandemic Awareness Program
Date	4th May 2020
Sr. No.	Name of Student
1	Chavhan Payal
2	Joshi Rutuja
3	Kulkarni Vipra
4	Magdum Suraj
5	Mehta Heena
6	More Suraj
7	Murhe Anusha
8	Panse Prathamesh
9	PasalkarMayur
10	Salvi Krutika
11	Sonkamble Yash
12	Wanjale Poonam
13	Warkhade Namrata
14	Awatade Bahumol
15	Dube Shubham
16	Panmei Thomas
17	Pathrikar Suyog
18	Pawar Saurabh
19	Bangal Manali
20	Borude Pooja
21	Divekar Ankita
22	Kalsule Soham
23	Kantewar Vaidehi
24	Karade Madhuri
25	Karande Radhakrishna
26	Lamkanikar Rutuja
27	Lihine Disha
28	Nimbalkar Rajesh
29	Raskar Akash
30	Saraf Pooja
31	Soni Priyanka
32	Sonkul Aparna
33	PrasadBhamare
34	VirajChauhan

Dr. Grish Bodhankar Programme Coordinator

M.E. Society's O. I.M.C.C.
PUNE-38.
PUNE-38.
PUNE-38.

Dr. Santosh Desapande Director



महाराष्ट्र शासन

तंत्र शिक्षण विभागीय कार्यालय, पुणे

दूरध्वनी क्र.०२०-२५६५६२३४/२५६५७१७६ Email ID : ropune@dtemaharashtra.gov.in

४१२-ई, शिवाजीनगर, पुणे - ४११ ०१६.

जा क्र. तंशिविकापु/विवि/२०२१/ <u>५</u> <u>०</u> <u>५</u> दिनांक २२/०२/२०२१

2 2 FE8 2021

परिपत्रक

प्रति, संचालक/प्राचार्य या विभागीय कार्यालयाचे अधिनस्त सर्व तंत्रशिक्षण संस्था,

विषय :- ज्येष्ठ कवी वि.वा.शिरवाडकर उर्फ कुसुमाग्रज यांचा दिनांक २७ फेब्रुवारी हा जन्मदिवस "मराठी भाषा गौरव दिन" म्हणून साजरा करणेबाबत...

संदर्भ :- १. महाराष्ट्र शासन मराठी भाषा विभाग यांचे पत्र क्र मभादि-२०२१/प्र.क्र.५/भाषा-३ दि ११/०२/२०२१

- २. मराठी भाषा विभागाचे परिपत्रक क्रमांक मभादि-२०२१/प्र.क्र.५/भाषा-३ दि ११/०२/२०२१
- ३. मा.संचालक यांचे पत्र क्र १६/आस्था/संकीर्ण/२०२१/७३ दि १७/०२/२०२१

उपरोक्त विषयाच्या संदर्भाकित पत्रास अनुसरुन या विभागीय कार्यालयाच्या अधिनस्त सर्व तंत्रशिक्षण संस्थाना सुचित करण्यात येते की , मराठी भाषा विभागाचे संदर्भाधिन क्र २ च्या शासन परिपत्रकात नमूद केल्याप्रमाणे कार्यक्रम आयोजित करुन "मराठी भाषा गौरव दिन" सोहळा साजरा करणे बाबत सुचित केलेले आहे.

तरी आपणास सूचित करण्यात येते की मराठी भाषा विभागाच्या दिनांक ११/०२/२०२१ रोजीच्या शासन परिपत्रकात नमूद केल्याप्रमाणे आपल्या संस्थेत विविध उपक्रम आयोजित करुन समारंभपूर्वक दिनांक २७ फेब्रुवारी हा जन्मदिवस "मराठी भाषा गौरव दिन" म्हणून साजरा करावा. केलेल्या कार्यवाहीचा अहवाल या कार्यालयास info.ropune@gmail.com या ई-मेल वर सादर करावा.

्रा.स.च्य.जाधव) सहसंचालक

तंत्रशिक्षण विभागीय कार्यालय, पुणे

सोबत :- संदर्भिय पत्र

प्रत :- प्रोग्रॅमर यांना सदरचे पत्र संकेतस्थळावर प्रदर्शित करण्यासाठी







तंत्रशिक्षण संचालनालय, महाराष्ट्र राज्य

3, महापालिका मार्ग, पत्र पेटी क्र.1967, मुंबई 400 001. दूरध्वनी क्र.॰२२-68597436,

ई-मेल-desk16@dtemaharashtra.gov.in, वेबसाईट: http://www.dtemaharashtra.gov.in

पत्र क्रमांक : १६/आस्था/संकीर्ण/२०२१/७३ **ईमेलव्दारे** दिनांक: १७। २१२०२९

प्रति.

- सहसंचालक,
 तंत्रशिक्षण विभागीय कार्यालय,
 मुंबई / पुणे / नाशिक / औरंगाबाद / अमरावती / नागपूर
- २) सचिव, महाराष्ट्र राज्य तंत्रशिक्षण मंडळ, मुंबई.

विषय : ज्येष्ठ कवी वि.वा. शिरवाडकर उर्फ कुसुमाग्रज यांचा दिनांक २७ फेब्रुवारी हा जन्मदिवस "मराठी भाषा गौरव दिन" म्हणून साजरा करणेबाबत.

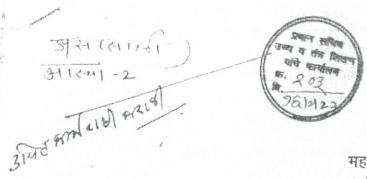
संदर्भ : मराठी भाषा विभाग यांचे परिपत्रक क्रमांक मभादि-२०२१/प्र.क्र.५/भाषा-३, दिनांक ११.२.२०२१

उपरोक्त विषयाबाबतच्या संदर्भांकित शासन परिपत्रकाच्या अनुषंगाने आपणांस कळिवण्यात येते की, दिनांक २७ फेब्रुवारी, २०२१ रोजी शासन परिपत्रकानुसार विविध उपक्रम आयोजित करून समारंभपूर्वक "मराठी भाषा गौरव दिन" सोहळा साजरा करण्याबाबतच्या सूचना आपल्या स्तरावरून आपल्या अधिपत्याखालील संस्था / कार्यालये यांना देण्यात याव्यात.

(प्रमाद-नाईक) सहसंचालक, तंत्रशिक्षण, महाराष्ट्र राज्य, मुंबई.

प्रत : कार्यासन क्रमांक १२, मुख्य कार्यालय, मुंबई





ज्येष्ठ कवी वि.वा शिरवाडकर उर्फ कुसुमाग्रज यांचा दिनांक २७ फेब्रुवारी हा जन्मदिवस "मराठी भाषा गौरव दिन" म्हणून साजरा करणेवाबत.

महाराष्ट्र शासन मराठी भाषा विभाग शासन परिपत्रक क्रमांकः ममादि-२०२१/प्र.क्र.५/भाषा-३, मादाम कामा मार्ग, हुतात्मा राजगुरु चौक, मंत्रालय, मुंबई - ४०० ०३२. दिनांक: ११ फेब्रुवारी, २०२१

<u>वाचा</u>:- मराठी भाषा विभाग, शासन निर्णय क्र.मभादि-१०१२/प्र.क्र.८८/२०१२/भाषा-३, दिनांक २१ जानेवारी, २०१३.

परिपत्रक:-

वि.वा.शिरवाडकर उर्फ कुसुमाग्रज यांनी महाराष्ट्राच्या सांस्कृतिक क्षेत्रामध्ये मोलाचे योगदान दिले असून, मराठी भाषा ही ज्ञानमाषा होण्यासाठी अथक परिश्रम घेतले आहेत. आपल्या मातृभाषेचा गौरव म्हणून वि.वा.शिरवाडकर उर्फ कुसुमाग्रज यांचा दिनांक २७ फेब्रुवारी हा जन्मदिन "मराठी भाषा गौरव दिन" म्हणून साजरा करण्याच्या सूचना यापूर्वी दिनांक २१ जानेवारी, २०१३ च्या शासन निर्णयान्वये देण्यात आल्या आहेत. सदर शासन निर्णयास अनुसरुन राज्यातील सर्व मंत्रालयीन विमाग व त्यांच्या अधिपत्याखालील सर्व कार्यालय प्रमुख यांना शनिवार, दिनांक २७ फेब्रुवारी, २०२१ रोजी पुढील विविध उपक्रम आयोजित करुन समारंभपूर्वक "मराठी भाषा गौरव दिन" सोहळा साजरा करण्याबाबत सूचित करण्यात येत आहे.

"मराठी भाषा गौरव दिन" हा कार्यक्रम मराठी भाषेचा प्रचार व प्रसार या मुख्य धोरणास अनुसरून "मराठी वाचन प्रेरणा दिन" "मराठी भाषा संवर्धन पंघरवडा" या अन्य मराठी भाषा प्रचार प्रसार कार्यक्रमाबरोबर साजरा करण्यात येत असला तरी सध्याच्या कोवीड १९ या संसर्गजन्य रोगाच्या प्रादुर्भावामुळे प्रतिबंधात्मक उपाय म्हणून जास्तीत जास्त कार्यक्रम ऑनलाइन पद्धतीने साजरे करण्याच्या सूचना यापूर्वी देण्यात आल्या आहेत. (जिथे प्रत्यक्षरीत्या कार्यक्रम करणे शक्य आहे, तिथे केंद्र शासन / राज्य शासन यांनी आखून दिलेल्या कोवीड मार्गदर्शक तत्वांचे काटेकोरपणे पालन करण्यात यावे.)

मराठीत पारंपारिक पद्धतीने प्रचार / प्रसार करण्याबरोबर त्याला आधुनिक तंत्रज्ञानाची जोड देऊन समाजमाध्यमांद्वारे अधिक प्रभावीपणे विविध कार्यक्रमाच्या माध्यमांचा प्रसार करण्याची बाब शासनाच्या विचाराधीन होती. यासाठी "समाजमाध्यमातून मराठीचा प्रचार / प्रसार" ही मध्यवर्ती संकल्पना निश्चित करण्यात येत आहे.

9) "समाजमाध्यमातून मराठीचा प्रचार / प्रसार" ही यंदाच्या मराठी भाषा गौरव दिनाची मध्यपुर्विति संकल्पना आहे. समाजमाध्यमांचा वापर करून प्रचार व प्रसाराकरिता विविध स्पर्ध बोजणे, प्रसारमाध्यमांत्रन प्रचार करणे, पस्तके व कोश यांबाबत चर्चा. परिसंवाद. व्याख्याने इत्साद्धी तपूर्क में

- मराठी भाषेचा प्रचार, प्रसार व संवर्धन यासाठी विविध मार्गानी स्वयंप्रेरणेने काम करणाऱ्या व्यक्ती / संस्था यांच्या कार्यास प्रोत्साहन देण्यासाठी त्यांच्या कार्याचा गौरव / सत्कार करणे.
- ३) यावर्षी कोविडची पार्श्वभूमी लक्षात घेता, तथा काळाची गरेंच लक्षात घेता, जास्तीत जास्त कार्यक्रम चर्चासत्रे, प्रशिक्षण ऑनलाइन पद्धतीने करण्याच्या सूचना देण्यात आल्या आहेत. मराठी भाषेचा प्रचार, प्रसार या उद्दिष्टांसह रोजगाराभिमुख उपक्रमातून जास्तीत जास्त तरूण पिढीला आकर्षित करण्यासाठी खालील विषयांवरील तसेच अशा स्वरूपाच्या अन्य कार्यक्रमाचे आयोजन करण्यात यावे.
 - १) अनुवादलेखन २) व्यावसायिक लेखन ३) पुस्तक निर्मिती व प्रकाशन प्रक्रिया ४) ई-बुक
 - ५) स्व-प्रकाशन ६) युनिकोडचा वापर ७) ऑनलाईन पुस्तक विक्री ८)लेखक प्रकाशन करार
 - ९) संहिता लेखन १०) विश्वकोशाबाबत माहिती कार्यशाळा ११) शॉर्ट फिल्म / डॉक्युमेंटरी लेखन
- ४) महाराष्ट्र राज्य साहित्य आणि संस्कृती मंडळ व राज्य मराठी विकास संस्था यांनी वर्षभरात राबविण्यात येणाऱ्या ऑनलाईन कार्यशाळांचे वेळापत्रक जाहिर करावे,
- प) मराठीचा प्रचार / प्रसार ऑनलाईन पद्धतीने प्रमावीपणे कसा करता येईल या विषयावरील राज्य मराठी विकास संस्था व महाराष्ट्र राज्य साहित्य आणि संस्कृती मंडळ यांनी तज्ञांच्या ऑनलाइन कार्यशाळा आयोजित कराव्यात.
- ६) "ऑनलाइन पद्धतीने मराठीचा प्रचार / प्रसार व रोजगारनिर्मिती" या विषयावर राज्य मराठी विकास संस्थेने तज्ञ संस्थांकडून प्रकल्प अहवाल मागवावेत. प्रकल्प अहवालात संकल्पना, विषयाची माहिती, अंमलबजावणीचे टप्पे, खर्च इ. माहिती असावी. प्राप्त अहावालातून सर्वोत्कृष्ट तीन प्रकल्प अहवालाच्या आधारे संचालक, राज्य मराठी विकास संस्था यांनी ऑनलाइन कार्यक्रमांची आखणी करावी,
- (9) मराठी भाषेच्या वापराबाबत जागरुकता निर्माण करण्याकरिता संबंधित कार्यालयांनी संकेतस्थळे, आकाशवाणी, दूरदर्शन, खाजगी दूरचित्रवाहिन्या, एफ.एम.रेडिओ, स्थानिक केबल नेटवर्क, फेसबुक, ट्विटर, व्हॉट्सॲप इ. प्रसार माध्यमातून याबाबतचे हक-श्राव्य संदेश प्रसारित करावेत,
- मातृभाषेची महती आणि माहिती, तसेच मातृभाषेचे व्यक्तिगत व समाजजीवनातील स्थान आणि मातृभाषेचे मानसञ्जास्त्रीय व शिक्षणशास्त्राच्या दृष्टीने महत्व या विषयांवर विचारमंथनात्मक कार्यक्रम आयोजित करावे,
- ९) सकस साहित्याची, नव्या माहितीची, आधुनिक विज्ञान व तंत्रज्ञानाची मराठीतील पुस्तके वाचकांपर्यंत पोहोचविण्याच्या हेतूने राज्यभर कार्यक्रम आयोजित करावे,



- 90) न्यायव्यवहार, शासन प्रशासन, प्रसार माध्यमे, केंद्र तथा राज्य शासनाची कार्यालये, इतर अशासकीय कार्यालये इत्यादी ठिकाणी होणारा मराठी भाषेचा वापर याबाबत व्याख्याने, चर्चासत्रे, परिसंवाद, कार्यशाळा, सादरीकरणे तसेच मराठी भाषेतून न्यायदान देण्याच्या कामास गती मिळावी याद्दछीने विधी महाविद्यालयांनी "मराठी अभिमत न्यायालय"(Marathi Moot Court) च्या स्पर्धांचे आधुनिक माध्यमांचा वापर करून आयोजन करावे.
- ११) आकाशवाणी व दूरदर्शनवरुन सादर करण्यात येत असलेल्या माहिती व जनसंपर्क महासंचालनालयाच्या प्रायोजित कार्यक्रमामध्ये मराठी भाषाविषयक मान्यवरांच्या मुलाखती, परिसंवाद आयोजित करणे,
- १२) मराठी भाषा / साहित्य / कोश वाङ्मय या विषयांवर ऑनलाईन व्याख्याने, चर्चासत्रे, पिरसंवाद, कार्यशाळा यांचे आयोजन तसेच तज्ज्ञ, विचारवंत व साहित्यिकांच्या मुलाखतींचे आयोजन करण्यात यांचे,
- १३) मराठीच्या प्रचार / प्रसारासाठी अभिनव कल्पना सादर करून त्याप्रमाणे ऑनलाइन कार्यक्रमांचे आयोजन करण्यात यावे,
- 98) प्रसारमाध्यमे तसेच प्रशासनात मराठी भाषेचा वापर याबाबत व्याख्याने, चर्चासत्रे, परिसंवाद, कार्यशाळा, सादरीकरणे यांचे आयोजन करणे,
- १५) युनिकोंडप्रणित मराठी आणि इन्स्क्रिप्ट मराठी कळफलक संबंधित विषयांवरील प्रशिक्षण कार्यशाळांचे आयोजन करणे,
- 9६) समाजप्रसार माध्यमांतील (सोशल मीडिया) मराठी, माहिती तंत्रज्ञान व मराठी, महाजालावरील (इंटरनेट) मराठी या क्षेत्रांतील तज्ज्ञांची व्याख्याने व सादरीकरणे यांचे आयोजन करणे,
- १७) मराठी वर्णमालेबाबत सादरीकरण किंवा व्याख्याने यांचे आयोजन करणे,
- १८) बोली भाषांवरील कार्यक्रमांचे आयोजन करणे (व्याख्याने, चर्चासत्रे, सादरीकरणे... इ.),
- १९) शब्दभांडार आणि नवीन पर्यायी शब्दनिर्मिती याबाबतच्या स्पर्धांचे आयोजन करणे,
- २०) मराठी सुलेखन, सुंदर मराठी हस्ताक्षर स्पर्धा व संबंधित कार्यशाळांचे आयोजन करणे,
- २१) मराठी भाषेच्या सर्वांगीण विकासासाठी कार्य करणाऱ्या नि:स्पृह व्यक्तींना आणि त्यांनी निर्माण केलेल्या संस्थाना किंवा प्रकल्पांना भेट देणे,
- २२) मराठी भाषेचा प्रचार, प्रसार व संवर्धन यासाठी विविध मार्गानी स्वयंप्रेरणेने काम करणाऱ्या व्यक्ती/ संस्था यांच्या कार्यास प्रोत्साहन देण्यासाठी त्यांच्या कार्याचा गौरव/ सत्कार करणे,
- २३) विश्वकोश निर्मिती मंडळाच्या संकेतस्थळावर नोंदी घेण्याबाबतच्या कार्यशाळेचे आयोजन राज्य मराठी विकास संस्थेद्वारे करण्यात यावे,

- २४) महाराष्ट्र राजभाषा अधिनियम, १९६४ नुसार वर्जित प्रयोजने वगळता शासकीय कामकाज १००% मराठी भाषेतून करणे आवश्यक आहे. तर, त्रिभाषा सूत्रानुसार राज्यातील केंद्र शासनाच्या अखत्यांरीतील सर्व कार्यालये/सार्वजनिक उपक्रम यांनी मराठी भाषेचा वापर करणे अनिवार्य आहे. याबाबत सर्व जिल्हाधिकाऱ्यांनी शासनाने वेळोवेळी निर्गमित केलेले आदेश संबंधितांच्या निदर्शनास आणावे,
- २५) भाषा संचालनालयाने व महाराष्ट्र राज्य मराठी विश्वकोश निर्मिती मंडळाने तयार केलेल्या भ्रमणध्वनी उपयोजकाबद्दल (मोबाईल ॲप) तसेच मराठी भाषा विभागाच्या व त्या अंतर्गत कार्यालयांच्या संकेतस्थळाबद्दलची माहिती शाळा व महाविद्यालयांनी विद्यार्थ्यापर्यंत प्रसारीत करण्याची जबाबदारी चारही क्षेत्रीय कार्यालयांची राहील,
- २६) वरील कार्यक्रम सर्व ३६ जिल्ह्यांमध्ये आयोजित करण्यासाठी महाराष्ट्र राज्य मराठी संस्कृती मंडळ तथा राज्य मराठी विकास संस्था यांनी खालीलप्रमाणे साहित्य संस्थांची मदत घेऊन त्या साहित्य संस्थांसमोर दर्शविलेलया जिल्ह्यात कार्यक्रम आयोजित करण्यासाठी मदत घ्यावी

अ.क्र.	साहित्य संस्था	साहित्य संस्थेच्या अंतर्गत जिल्हे
٩.	महाराष्ट्र साहित्य परिषद, पुणे	नाशिक, घुळे, नंदुरबार, जळगाव, अहमदनगर, पुणे, सातारा, सांगली, सोलापूर.
₹.	मराठवाडा साहित्य परिषद, औरंगाबाद	औरंगाबाद, जालना, परभणी, हिंगोली, बीड, नांदेड, उस्मानाबाद, लातूर.
3.	विदर्भ साहित्य संघ, नागपूर	बुलडाणा, अकोला, वाशिम, अमरावती, यवतमाळ, वर्घा, नागपूर, भंडारा, गोंदिया, चंद्रपूर, गडचिरोली
8.	कोकण मराठी साहित्य परिषद, रत्नागिरी	रायगड, रत्नागिरी, सिंघुदूर्ग, ठाणे, पालघर, मुंबई उपनगर,
4.	दक्षिण महाराष्ट्र साहित्य सभा, कोल्हापूर	कोल्हापूर
ξ.	मुंबई मराठी साहित्य संघ, मुंबई.	मुंबई शहर

सर्व जिल्हाधिकाऱ्यांना वरीलप्रमाणे कार्यक्रमांचे आयोजन करण्यासाठी भाषा संचालनालय, मुंबई, महाराष्ट्र राज्य मराठी विश्वकोश निर्मिती मंडळ, मुंबई, महाराष्ट्र राज्य साहित्य आणि संस्कृती मंडळ, मुंबई आणि राज्य मराठी विकास संस्था, मुंबई तसेच अ.क्र.२६ येथे दर्शविलेल्या साहित्य संस्थांची मदत घेता येईल.

- २. सर्व मंत्रालयीन विभाग, विभागीय आयुक्त, सर्व जिल्हाधिकारी व मुख्य कार्यकारी अधिकारी यांनी आपआपल्या विभागातील कार्यक्षेत्रातील संबंधितांचे सहकार्य घेऊन हा सोहळा पार पाडण्यासाठी सर्व अधिकारी / कर्मचारी यांना सहभागी करुन घ्यावे.
- ३. सदर उपक्रमांकरीता होणारा खर्च, प्रत्येक वित्तीय वर्षात संबंधित लेखाशिर्षाखाली कार्यालयीन खर्चासाठी मंजूर होणाऱ्या तरतूदीतून भागविण्यात यावा.
- ४. सदर शासन परिपत्रक महाराष्ट्र शासनाच्या <u>www.maharashtra.gov.in</u> या संकेतस्थळावर उपलब्ध करण्यात आले असून त्याचा संकेताक २०२१०२१०११३१ असा आहे. हा आदेश डिजीटल स्वाक्षरीने साक्षांकित करुन काढण्यात येत आहे.

महाराष्ट्राचे राज्यपाल यांच्या आदेशानुसार व नावाने.

Nanda Digitally signed by Narxia Maruti Raut, C. a. Maruti Rout, C. a. Maruti Routi Routi

(नंदा मा. राकत) अवर सचिव, महाराष्ट्र शासन

प्रत,

- १. मा.राज्यपालांचे सचिव, राजमवन, मलवार हिल, मुंबई,
- २. मा.मुख्यमंत्री यांचे अपर मुख्य सचिव / प्रधान सचिव, मंत्रालय, मुंबई,
- ३. मा.सर्व मंत्री यांचे खाजगी सचिव/स्वीय सहायक, मंत्रालय, मुंबई,
- ४. मा.सर्व राज्यमंत्री यांचे खाजगी सचिव/स्वीय सहायक, मंत्रालय, मुंबई,
- ५. मा.विरोधी पक्षनेता, विधान सभा/विधान परिषद, महाराष्ट्र विधान मंडळ सचिवालय, मुंबई,
- ६. मा.समिती प्रमुख व सदस्य, मराठी भाषा समिती, महाराष्ट्र विघानमंडळ सचिवालय, विघानभवन, मुंबई,
- ७. मा. मुख्य सचिव, मंत्रालय, मुंबई,
- ८. सर्व मंत्रालयीन विभागांचे अपर मुख्य सचिव/प्रधान सचिव/सचिव,
- ९. प्रबंधक, लोक आयुक्त आणि उप लोक आयुक्त कार्यालय, मुंबई,
- १०. अधिदान व लेखाधिकारी, मुंबई,
- ११. निवासी लेखा परीक्षा अधिकारी, मुंबई,
- १२. महासंचालक, माहिती व जनसंपर्क संचालनालय, मंत्रालय, मुंबई, (दूरदर्शन / आकाशवाणी / वृत्तपत्रे / भित्तीपत्रके या माध्यमातून विस्तृत प्रसिध्दी देण्यासाठी),
- १३. सर्व मंत्रालयीन विभाग (त्यांच्या अधिपत्याखालील सर्व कार्यालयांना सूचना देण्याबाबत),
- १४. सर्व विभागीय आयुक्त,
- १५. सर्व जिल्हाधिकारी,
- १६. सर्व जिल्हा परिषदांचे मुख्य कार्यकारी अधिकारी,
- १७. भाषा संचालक, भाषा संचालनालय, बांद्रा, मुंबई





A.Y. 2019-20

NOTICE

Date: 5th March 2020

Women's Health at Every Stage

International Women's Day is a global day celebrated annually on March 8 to commemorate the cultural, political, and socioeconomic achievements of women.

Women's health demands special care. Hence, a special session is arranged for all ladies faculties of IMCC to commemorate Women's day. We have invited Dr. Arundhati Kanade, Gynecologist who is going to address Women's health at every stage of life.

Reporting Details:

Date: 9th March 2020

Time : 10.30 am

Venue: MES IMCC Meeting Hall

Mrs. Swapnaja Patwardhan

Coordinator

Dr. Santosh Deshpande





A. Y. 2019-20

08th March 2020

Women's Health at Every Stage

International Women's Day is a global day celebrated annually on March 8 to commemorate the cultural, political, and socioeconomic achievements of women.

We also celebrate this day in IMCC on 9th March 2020. On this occasion, we invited a guest speaker Dr. Arundhati Kanade who is a gynecologist. She gave a presentation on the topic "Women's health at every stage".

Mrs. Swapnaja Patwardhan

Coordinator

Dr. Saptosh Deshpande



Maharashtra Education society's

Institute of Management and Career Courses (IMCC), Pune



IMCC staff celebrating Women's Day





Maharashtra Education society's

Institute of Management and Career Courses (IMCC), Pune Felicitation of Dr. Arundhati Kanade from Director Dr. Santosh Deshpande



IMCC staff celebrating Women's Day



(A.Y. 2019-20)		
	Attendance	
Programme	MCA	
Topic	Women's Day	
Date	8 March 2020	
Sr. No.	Name of Participant	
1	Dr. Manasi Bhate	
2	Dr. Shweta Meshram	
3	Mrs. Shilpa Parlikar	
4	Mrs. Jayashree Patil	
5	Mrs. Ashwinin Patil	
6	Dr. Minakshi More	
7	Mrs. Darshana Yadav	
8	Dr. Swapnaja Patwardhan	
9	Mrs. Apurwa Barve	
10	Ms. Dipti Belsare	
11	Mrs. Shital Pingle	
12	Dr. Meenal Oak	
13	Dr. Poonam Vatharkar	
14	Ms. Bhavna Kulkarni	
15	Mrs. Manasi Shirurkar	
16	Mrs. Poonam Rawat	
17	Ms. Ankita Deshpande	

Dr. Swapnaja Patwardhan

Coordinator

Institute of Managerial

Institute of Manageri

Dr. Santosh Deshpande
Director



A.Y. 2019-20

NOTICE

Date: 16th June 2020

Guest Lecture on "Emotional Intelligence and Optimized Thought Pattern"

Emotional intelligence (EI) forms the juncture at which cognition and emotion meet, it facilitates our capacity for resilience, motivation, empathy, reasoning, stress management, communication, and our ability to read and navigate a plethora of social situations and conflicts.

MES' IMCC will be conducting a guest lecture on "Emotional Intelligence and Optimized Thought Pattern" in online mode. Link of the lecture will be shared in your class WhatsApp group. Please refer to that link and join 5 mins prior to the lecture.

Reporting Details:

Date : 20th June 2020

Time : 10.30 am

Venue : Online Mode(ZOOM)

Mrs. Ashwini Patil

Coordinator

M.E. Society's Institute of Manage It. M.C.C. PUNE-38.

Dr. Santosh Deshpande



A.Y. 2019-20

Guest Lecture on "Emotional Intelligence and Optimized Thought Pattern"

Date: 20-06-2020

Topic Name

: Emotional Intelligence and Optimized Thought Pattern

Speaker

: Ms. Veenu Shivdasani, Master Trainer, Founder of Yes! I Can

Topics covered in the session are:

Stress Management in the time of COVID -19

- Knowing Self
 - o Deep Listening
 - o Being Flexible
 - o Being Authentic
 - o Ready to learn
- The science behind depression/anxiety/stress
 - o Neurotransmitters
 - o Oxytocin
 - o Dopamine
 - o Linguistic you use
- The secret behind being mentally and physically fit
 - o Tiny Habits
 - o Notes to self
 - o Acceptance & Surrender
 - o Willingness to move forward/beyond the challenge
 - o Exercise and Breathing
 - o Being Thankful

Mrs. Ashwini Patil

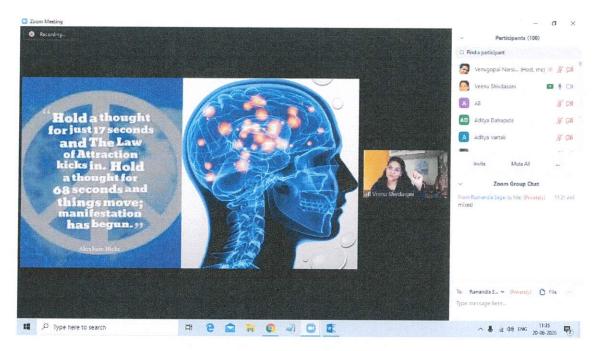
Coordinator

Dr. Santosh Deshpande Director

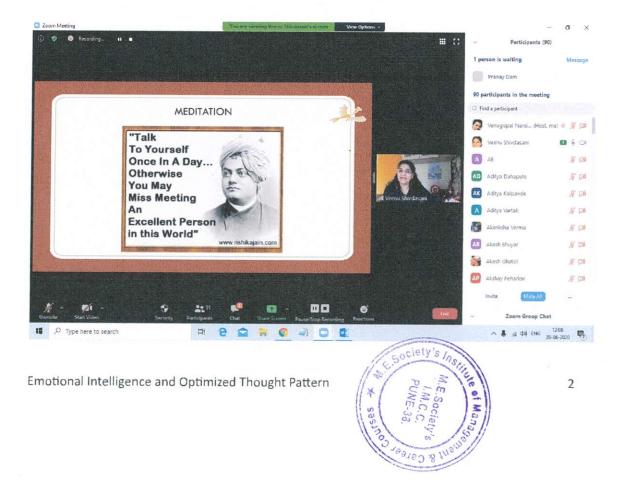
Emotional Intelligence and Optimized Thought Pattern

1





Ms. Veenu Shivdasani delivering a lecture

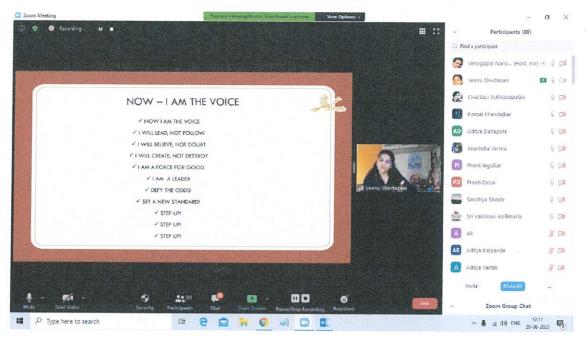




Maharashtra Education society's

Institute of Management and Career Courses (IMCC), Pune

Ms. Veenu Shivdasani delivering a lecture



Ms. Veenu Shivdasani delivering a lecture



Ms. Veenu Shivdasani delivering a lecture





Maharashtra Education society's

Institute of Management and Career Courses (IMCC), Pune



Student Interaction with Ms. Veenu Shivdasani madam



Ms. Veenu Shivdasani delivering a lecture







Student Interaction with Ms. Veenu Shivdasani madam



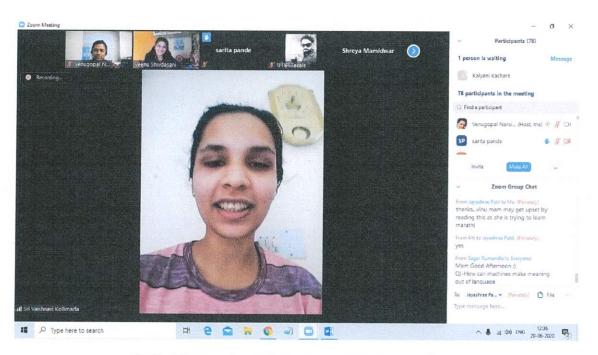
Ms. Veenu Shivdasani delivering a lecture







Ms. Veenu Shivdasani delivering a lecture



Student Interaction with Ms. Veenu Shivdasani madam



MES' In	MES' Institute of Management and Career Courses (IMCC), Pune			
(A.Y. 2019-20)				
Attendance				
Programme	MCA			
Topic	Emotional Intelligence and Optimized Thought Pattern			
Speaker	Ms. Veenu Shivdasani			
Date	20-06-2020			
Sr. No.	Name of Student			
1	ABHYANKAR VIBHAV .			
2	AKHADE NILESH D.			
3	ANGEER HRISHIKESH R.			
4	BALMIKI DEEPAK M.			
5	BELOKAR RUSHABH D.			
6	BHALERAO TRINETRA N.			
7	BHAVE NUPUR S.			
8	BHOJAK SHIVANI .			
9	BIHANI JAI A.			
10	CHAUDHARI NIKHIL V.			
11	DAHAPUTE ADITYA R.			
12	DESHMUKH VAISHNAVI A.			
13	DHADHI DINESH .			
14	GHATOL AKASH N.			
15	INGLE SHIVANI B.			
16	JAGTAP HRISHIKESH J.			
17	KAMBLE POOJA P.			
18	KAPASE SANJAY B.			
19	KARYAKARTE AVANI S.			
20	KASPATE TANVI S.			
21	KHANDAJKAR KOMAL S.			
22	KULKARNI ABHISHEK A.			
23	KULKARNI SHRIYA M.			
24	KULTHE ADITYA K.			
25	LADDAD AKSHADA S.			
26	MAMIDWAR SHREYA . MANEKAR SIDDHANT P.			
27	MANEKAR SIDDHANT P.			
28	MAYENGBAM MALEMNGANBA M.			
29	MORE SHUBHAM I.			

30	MUNOT SHWETAS.	
31	NAIK PRITAM .	
32	NAMAWAR SATYAJEET L.	
33	PANDE SARITA S.	
34	PARIKH RADHIKA B.	1
35	PATIL NIKHIL R.	1
36	PEHARKAR AKSHAY A.	1
37	PUNTAMBEKAR KAUSHIK M.	1
38	RANE POOJA P.	1
39	SABNE PRITEE P.	1
40	SARKAR KUNAL.	
41	SATPUTE PRIYANKA S.	
42	SHAH PUNIT A.	
43	SHENDE SARANG .	
44	SHETE AKSHAYKUMAR S.	
45	SOFI AZHAR.	
46	SONGIRE DHIRAJ R.	
47	SURYAWANSHI CHAITALI S.	
48	TAMBOLI SHRUTI S.	
49	THANAGE RUTVIK K.	
50	THORAT PRAJAKTA B.	
51	VAISHNAVI KALE	
52	VARTAK ADITYA A.	
53	VERMA AKANKSHA .	
54	ADAKMOL PUNAM M.	
55	APTE SHRUTI S.	
56	BHAWAL AKASH M.	
57	BHOGADE DISHA S.	
58	BIHANI NANDAN M.	
59	BOMBE AJIT D.	
60	BRAHME NIRANJAN A.	
61	CHAVAN ARPITA V.	
62	DALAL MADHUMITA .	
63	DAM PRANAY.	ociety's
64	DAREKAR PRANALI.	2 STEEL
65	DESAI PREETI Y. DESHMUKH RADHIKA S.	M.E.Society's PUNE 38
67	DESHPANDE NIMISH P.	Ciety Can
68	DESHPANDE SONIYA A.	ociety's Institute of Manager Pune 38
69	DIXIT SHUBHAM K.	381

DUBILE KISHOR V.
GHAISAS ADVAIT R.
GORE SHREYA .
INGULKAR PRANIT B.
JADHAV SANGHARSHA R.
JAGTAP RAHUL K.
KAPALE AMAN.
KOKIL PUSHKAR S.
KOLLIMARLA SRIVAISHNAVI S.
KULKARNI BHAVANA .
KULKARNI KAUSTUBH N.
KULKARNI PRATIK P.
KULKARNI VARUN R.
LENDWE KIRAN R.
LONDHE ROHIT S.
MAHABAL ATHARVA S.
MARATHE JAYMALA V.
MAYANE SHUBHAM S.
MEHTA AAKANKSHA M.
MEHTA NEHA P.
NALAWADE TRILOKNATH J.
NIPHADKAR PRASAD B.
PARDESHI KRUTIKA N.
PATEL RITIK .
PATIL ANIKET S.
PATIL PALLAVI P.
RAGHU JYOTI U.
RATHOD ANKUSH .

Du Asharini D

Dr. Ashwini Patil

Coordinator

Dr. Santosh Deshpande





A.Y. 2019-20

NOTICE

Date: 19th June 2020

This is to inform all teaching & non-teaching staff members that International Yoga Day will be celebrated on 21/06/2020 at our institute in online mode. Hence everyone is requested to be present for the yoga session in suitable yoga attire and as per details given below. Link will be provided shortly.

Time: 7.00 am to 8.30 am

Venue: Zoom

Dr. Shilpa Parlikar

Mrs. Darshana Yadav

(Sports Coordinators)

Dr. Santosh Deshpande

(Director, IMCC)





INTERNATIONAL YOGA DAY - 21ST JUNE 2020

Yoga is very beneficial for our health. It increases flexibility, muscle strength and tone, improves respiration, energy and vitality.

21st June 2020 is the 6th International Yoga Day. Every year IMCC staff celebrates this day by doing yoga training at our campus.

But this year, due to COVID-19 situation, it was necessary to maintain social distance. So we decided to plan the yoga training online on zoom app. Our institute's director, Dr. Santosh Deshpande sir conducted our online yoga session for one hour. Entire IMCC staff with their family members attended this session very enthusiastically.

Director Sir taught us a new and trending type of yoga i.e. Aerobics Yoga.

We started the session with "Prarthana". Then performed various yogaasan on various songs.

We also did pranayama.

Yogaasana and Pranayam:

- 1. SHAVASANA
- 2. VAJRASANA
- 3. BHRAMARI PRANAYAMA

Here are glimpses of yoga training:

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande

Director







Starting Yoga Day with Prayer







Faculties Celebrating Yoga Day in Online Mode







Faculties Doing Asanas in Online Mode







End of the Yoga Day Celebration by Omkar



(A.Y. 2019-20)			
Attendance			
Programme	MCA and MBA		
Topic	INTERNATIONAL YOGA DAY		
Date	21 June 2020		
Sr. No.	Name of Participant		
1	Dr. Santosh Deshpande		
2	Dr. Manasi Bhate		
3	Dr. Shweta Meshram		
4	Mrs. Shilpa Parlikar		
5	Mrs. Jayashree Patil		
6	Mrs. Ashwinin Patil		
7	Dr. Minakshi More		
8	Mrs. Darshana Yadav		
9	Mrs. Swapnaja Patwardhan		
10	Mrs. Apurwa Barve		
11	Mr. Mukul Kulkarni		
12	Ms. Dipti Belsare		
13	Mr. Prashant Patil		
14	Mrs. Shital Pingle		
15			
16	Mr. Venugopal		
17	Mr. Umesh Powar		
18	Mr. Mahesh Dhok		
19	Dr. Meenal Oak		
20	Dr. Poonam Vatharkar		
21	Mr. Abhijit Dhope		
22	Ms. Bhavna Kulkarni Dr. Ravindra Vaidya		
23	Mr. Rahul Shinde		
24	Mr. Alok Raje		
25	Mr. Avinash Pagare		
26	Mrs. Manasi Shirurkar		
27	Mr. Amar Paikekar		
28	Dr. Girish Bodhankar		
2.0	Dr. Chitra Deshpande Mrs. Poonam Rawat		
	Ms. Ankita Deshpande		
	Mr. Shridhar Ranade		

Mrs. Darshana Yadav

Coordinator

Dr. Santosh Deshpande

Director

