



Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

**Summary Report Extension and Outreach Programmes**

Summary Report for Number of extension and outreach Programmes conducted by the institution during AY. 2018-19.

Sr.No	Name the Activity	Date	Number of Participants
1	Journey of Young Entrepreneur	30th July 2018	67
2	Importance of Proactiveness and attitude of learning to learn for successful career-Jaya Panvalkar	8th Aug 2018	60
3	Blood Donation Camp	23rd Mar 2019	23
4	Vidyarthini Arogya Prabodhan by SPPU, Pune	25th Mar 2019	39
5	International Yoga Day	21 June 2019	14

  
Dr. Santosh Deshpande  
Director





Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

NOTICE

Date: 21st July, 2018

**"Journey of Young Entrepreneur "**

A Guest Lecture and an Interview of Mr Vedarth Deshpande has been arranged on 30th July 2018 at 10.30 am. The details are given below.

**Reporting Details:**

**Date: 30th July 2018**

**Time :10:30 am**

**Venue: MES Auditorium**

**Resource Person : Mr Vedarth Deshpande**

  
Dr. Minakshi More  
Coordinator



  
Dr Santosh Deshpande  
Director

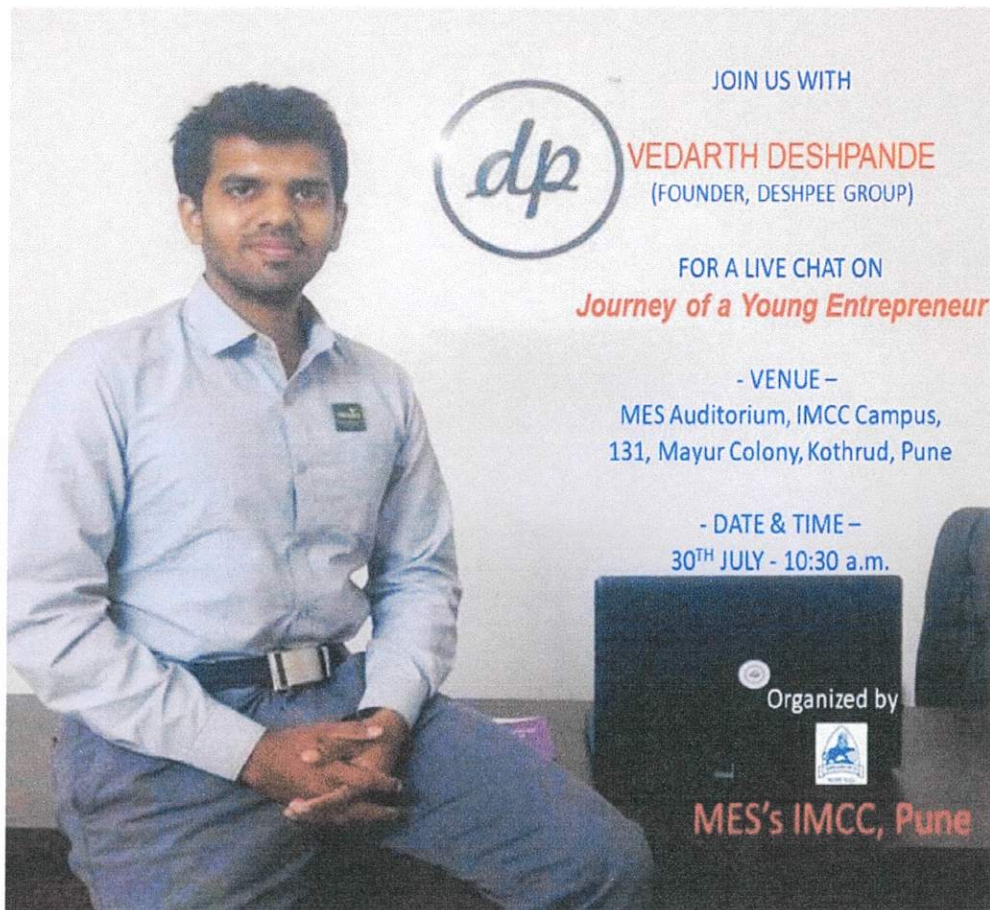


Maharashtra Education society's  
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A.Y. 2018-19

**Journey of Young Entrepreneur Report**

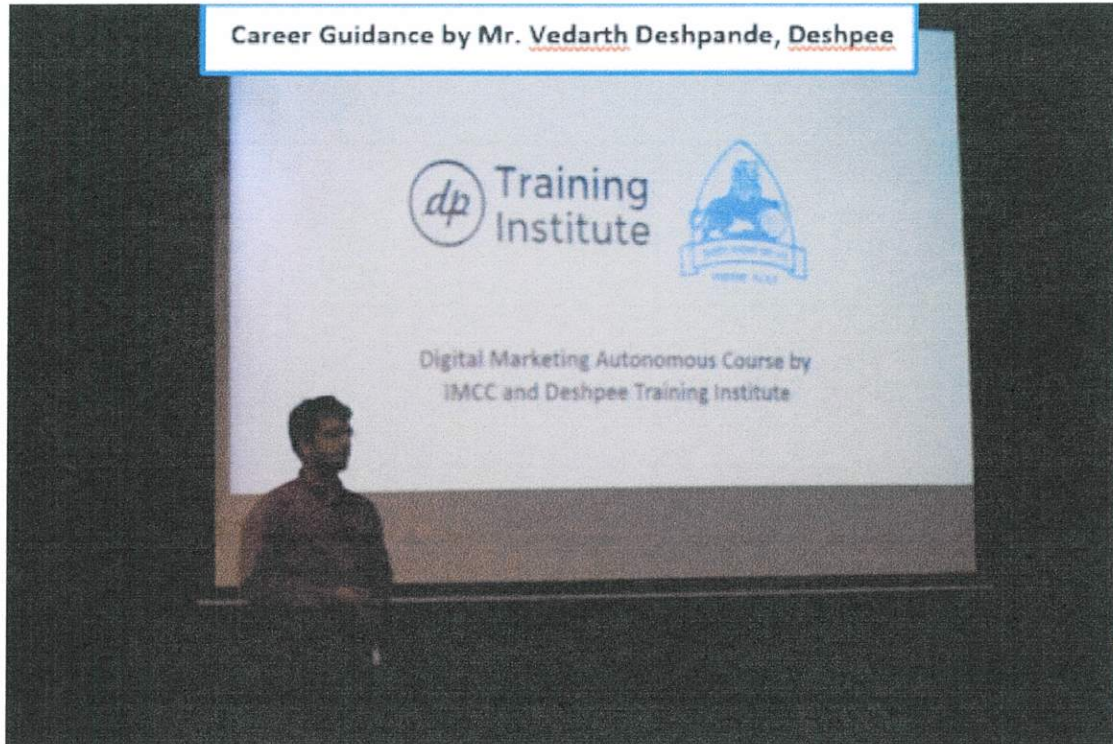
On 30/07/2018, we had a live chat with young entrepreneur "Vedarth Deshpande" - Founder, DESHPÉE Group. Our students Shreyas Barhanpurkar and Divya Shah conducted the interview of Vedarth Deshpande. During the session Mr. Vedarth highlighted what is digital marketing and the importance and impact of digital marketing as a new marketing strategy. Total 67 students attended the session.







Maharashtra Education society's  
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*mm*

Dr. Minakshi More  
Coordinator

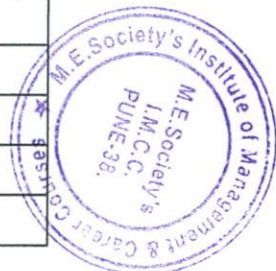
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Dr. Santosh Deshpande  
Director



**MES' Institute of Management and Career Courses (IMCC), Pune****(A.Y. 2018-19)****Attendance**

<b>Programme</b>	<b>MCA</b>
<b>Topic</b>	<b>Journey of Young Entrepreneur</b>
<b>Speaker</b>	<b>Vedarth Deshpande</b>
<b>Date</b>	<b>30/07/2018</b>
<b>Sr. No.</b>	<b>Name of Student</b>
1	ADEP MADHURI L.
2	BADGUJAR POOJA R.
3	BAGAL NILESH N.
4	BAWISKAR SAGARIKA P.
5	BHANDARI PRAFULL P.
6	BORLEPWAR SARANG M.
7	CHAUDHARI GAGAN S.
8	CHOUDHARI RITIK S.
9	DESHPANDE ARPITA G.
10	DEVRUHKAR SAGAR R.
11	DHARASKAR GAURAV S.
12	DONODE SHIVANI D.
13	HIVAREKAR SAYALI M.
14	JAIWAL PRANEET K.
15	JOSHI DISHA C.
16	KADAM SAKSHI S.
17	KALE MAYUR B.
18	KALYANKAR VINIT N.
19	KAMBLE CHETAN V.
20	KANADE ROHIT M.
21	KANDALKAR PRIYANKA P.
22	KASAR SANKET J.
23	KAVERI GAURAV G.
24	KELKAR VARUN N.
25	KHILOSHIYA PRITESH N.
26	KSHIRSAGAR ABHIRAM M.
27	KULKARNI SHUBHAM D.
28	KUSURKAR HERAMB A.
29	LIMAYE CHINMAY C.



30	MALIYE SHUBHAM V.
31	MALIYE SWETA V.
32	MANDAN CHANDA R.
33	NAIR ROHIT
34	NIKHARE SAGAR P.
35	PASTE RUTUJA S.
36	PATIL AKASH V.
37	PATIL REKHA K.
38	PATIL SUJIT M.
39	PENDALWAR MEENAKSHI R.
40	PILANKAR GANDHAR A.
41	PURVANT CHITRA R.
42	RAUT RADHIKA K.
43	RUMANDLA SAGAR R.
44	SABLE VISHAL U.
45	SARODE SHREYAS S.
46	SARPOTDAR KUNAL M.
47	SHAH ANERI V.
48	SHETE PARIMAL M.
49	SHUKLA SHREYASH R.
50	SONAR ISHWAR N.
51	SURYAVANSHI PRANAY M.
52	TALELE TEJAS V.
53	TAMBE ADITYA D.
54	TRIPATHI ANKITA A.
55	VANARASE VAISHNAVI A.
56	WANI RUPESH B.
57	YADAV AMARJEET R.
58	YELAVIKAR KIRTI B.
59	YEOLE POOJA A.
60	ZENDE AJINKYA K.
61	KURULKAR CHAITANYA P.
62	LAKHOTE SUHASINI P.
63	MAHAJAN MAYUR M.
64	MAKANWAR PRAJWAL S.
65	MANDVEKAR RUSHABH A.
66	MINJ ASHISH R.
67	MORE POOJA S.

*ms*  
**Dr. Minakshi More**  
 Coordinator



*Dr. Santosh*  
**Dr. Santosh Deshpande**  
 Director





Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

NOTICE


Date: 1<sup>st</sup> August 2018

**"Importance of Proactiveness and attitude of learning to learn for  
successful career"**

It is hereby informed to all the MCA-II year students of IMCC, a Guest Lecture has been arranged on 8th August from 9:00 am to 10.30 am. The program details are given below.

**Reporting Details:**

**Date: 8th August 2018**  
**Time : 9:00-10:30 AM**  
**Venue: MES Auditorium**  
**Resource Person : Ms. Jaya Panvalkar**

  
Dr. Minakshi More  
Coordinator

  
Dr Santosh Deshpande  
Director





Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

**Importance of Proactiveness and attitude of learning to learn for successful career**

**Date: 8th August 2018**

**Time : 9:00-10:30 AM**

**Venue: MES Auditorium**

**Resource Person : Ms. Jaya Panvalkar**

Institute had organized lectures on the topic Importance of Proactiveness and attitude of learning to learn for successful career for MCA-II year students.

Ms. Jaya Panvalkar, Chairperson, Board of Governors, Sardar Vallabhbhai National Institute of Technology, Surat shared her views on proactiveness required in the industry and importance of positive attitude and emotional quotient. Total 60 students attended the session.

  
**Dr. Minakshi More**  
Coordinator

  
**Dr. Santosh Deshpande**  
Director







Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune



**Faculty and Students while attending the session “Importance of Proactiveness and attitude of learning to learn for successful career”.**



MES' Institute of Management and Career Courses (IMCC), Pune	
(A.Y. 2018-19)	
Attendance	
Programme	MCA
Topic	Importance of Proactiveness and attitude of learning to learn for successful career
Speaker	Ms. Jaya Panvalkar
Date	8th August 2018
Time	9.00 AM to 10.30 AM
Sr. No.	Name of Student
1	AGARWAL DIKSHA U.
2	AGARWAL SHIVANI S.
3	AMRUTKAR AMEY S.
4	APTE MRUNAL Y.
5	BHAGAT SHUBHAM V.
6	BHATNAGAR MOHIT
7	BHISE SWAPNIL J.
8	BHOSALE INDRANEEL U.
9	BHUYAR AKASH G.
10	BIHADE SHUBHAM S.
11	BRAHME HARISH S.
12	BURSE SAKSHI S.
13	CHAUDHARI JAYESH P.
14	DALAL KAUSTUBH V.
15	DESHMUKH JAYASHREE R.
16	DHOK VAISHNAVI P.
17	GAWANDE JANHAVI H.
18	JADHAV PRIYANKA V.
19	JANGID RAKHI B.
20	JOSHI ANIKET S.
21	KACHARE KALYANI S.
22	KADAM KUNALSING A.
23	KALOTI DHARMJEET SINGH A.
24	KALPANDE ADITYA N.
25	KAMBLE AKSHAY S.
26	KAMBLE PRATIK N.





27	KAPURE VICKY L.
28	KHILARE VIRENDRA K.
29	KHUDE MANGESH T.
30	KHURANA AMAN S.
31	KSHIRASAGAR VIJAY D.
32	KSHIRSAGAR NIKITA A.
33	KULKARNI GAURAV S.
34	KULKARNI ROHIT V.
35	KURULKAR CHAITANYA P.
36	LAKHOTE SUHASINI P.
37	MAHAJAN MAYUR M.
38	MAKANWAR PRAJWAL S.
39	MANDVEKAR RUSHABH A.
40	MINJ ASHISH R.
41	MORE POOJA S.
42	NAIK MILIND S.
43	NANATTIL ATHIRA P.
44	PANDE KSHITIJ S.
45	PANJABI JAYSHRI V.
46	PARGHANE VIRAJ M.
47	PATIL ADITYA P.
48	PATIL ANISH K.
49	PATIL UDAY V.
50	PHADNIS NOOPUR D.
51	PHADTARE POOJA P.
52	RAHANGDALE SHIVANI V.
53	SAHAY AYUSHI
54	SALUNKE POONAM S.
55	SAVANT VAIBHAVEE U.
56	SHAH ANERI R.
57	SOMVAMSHI PRAJAKTA R.
58	TEKALE DHANESHWAR L.
59	THADANI MANISH J.
60	THIPE DEVYANI G.

*msl*  
**Dr. Minakshi More**  
 Coordinator



*Santosh*  
**Dr. Santosh Deshpande**  
 Director





Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

**NOTICE**

**Date:** 15<sup>th</sup> March 2019

**Blood Donation Camp**


It is to inform you that our college is organizing a Blood Donation Camp in association with Janakalyan Blood Bank on 23<sup>rd</sup> March 2019 from 11:00 am to 1:00 pm. in G1.  
Please come forward for this charitable cause as it can help to save some lives.

**Reporting Details:**

**Date** : 23<sup>rd</sup> March 2019

**Time** : 10:00 am - 1:00 pm

**Venue** : G2, IMCC Building

  
**Mrs. Darshana Yadav**  
Coordinator



  
**Dr. Santosh Deshpande**  
Director



Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

**Blood Donation Camp**

Date – 23<sup>rd</sup> March 2019

Time – 10 am to 1.00 pm


Venue- G2

**Blood Donation Camp:**

Blood donation camp was held on 23<sup>rd</sup> March 2019 in campus. It was organized in association with Janakalyan Blood Bank. Total 23 bags were collected.



**Blood Donation - Students and staff participation**

  
**Mrs. Darshana Yadav**  
Coordinator



  
**Dr. Santosh Deshpande**  
Director



**MES' Institute of Management and Career Courses (IMCC), Pune****(A.Y. 2018-19)****Blood Donation Doner List****23rd March 2019**

Sr. No.	Donor Name	Address	Age	Weight	Gender	Blood Group	Mobile
1	ABHISHEK MUNJE	1328,SADASHIV PETH, Pune, MH, IN	22	61	Male	B Pos	8087417606
2	SHUBHAM S BIHADE	NIKHIL APT RAMKRISHNA NAGAR, KOTHRUD, Pune, MH, IN	24	55	Male	O Pos	9850898648
3	ROHAN KHARE	101-AKSHAY GARDAN, ANANDNAGAR, Pune, MH, IN	23	65	Male	O Pos	8605859338
4	VAIBHAV BHATAMBREKAR	C-33KUMAR PRIYADARSHAN, PASHAN, Pune, MH, IN	23	85	Male	O Pos	7768856554
5	SACHIN MAHADEV MAIRAN	Osmanabad, MH, IN	30	88	Male	O Pos	9890019578
6	SURAJ BALASAHEB MANE	VISHRANT WADI, Pune, MH, IN	22	63	Male	O Pos	8180040013
7	KARAN SANJAY SOMVANSHI	DHAYARI, Pune, MH, IN	19	57	Male	O Pos	9067788930
8	POOJA MORE	BHAKTIYOG SOC, NE M IT COLLEAGE, Pune, MH, IN	22	75	Female	O Pos	7387100626
9	ABHIJIT VINAY DALAL	MARATHA MANDIR, BAVDHAN, Pune, MH, IN	23	77	Male	B Pos	7709583774
10	AMAN VIJAYSHANKAR SINGH	SR NO-5/2/76 NDA RD, APTE FARM KOTHRUD, Pune, MH, IN	25	70	Male	O Pos	8793501854
11	KRISHNA ASHOK JAJU	612,B-1 NANAPETH FLAT-15, LATESH SOC, Pune, MH, IN	23	48	Female	A Pos	8446197068
12	SHREESH CHIPLUNKAR	MORESHWAR PRASAD, SHILAVIHAR COLONY, Pune, MH, IN	23	69	Male	O Neg	9049878289
13	AKSHAY ASHOK MORALWAR	344,SHANIWAR PETH, Pune, MH, IN	25	95	Male	O Pos	9049195404
14	SANKALP KHARE	D-41 NIRMAL RESIDENCY, LANE-17 DAHANUKAR COL, Pune, MH, IN	25	72	Male	B Pos	9131520133
15	PRATHMESH DATTAPRASANNA KULKARNI	ICHALKARANJI, Sangli, MH, IN	22	57	Male	AB Pos	9922412722
16	NIKHIL SUNIL ABHYANKAR	BHAGYASHREE SOC D-305, SANEGURUJI SMARAK, Pune, MH, IN	22	89	Male	O Pos	8600322257
17	TOMESH SUKHADEO TIRANKAR	PATHANPURA WARD, CHANDRAPUR, Pune, MH, IN	23	75	Male	O Pos	7083885764
18	APURVA RAVINDRA GHARE	SHIVNE,NAVBHARAT HAIGHSCHOOL, LAXMI NIWAS, Pune, MH, IN	23	52	Female	B Pos	9130441542
19	RAKHI V KHARJULE	SARASWATI GIRLS HOSTEL, PARVATI PAYATHA, Pune, MH, IN	21	72	Female	B Pos	9011650208
20	KUNAL CHITALE	22 SNEHAL SHREENIKETAN SOC, KOTHRUD, Pune, MH, IN	23	84	Male	O Pos	8007561716
21	SHUBHAM DHANTURE	GUJRATH COLONY, Pune, MH, IN	24	82	Male	A1 Pos	7304023304
22	ABHIJEET SHEKHAR SAWANT	KOTHRUD, Pune, MH, IN	23	67	Male	B Pos	
23	AJAY GODSE	PAPADE VASTI, BHEKRAI NAGAR, Pune, MH, IN	19	85	Male	B Pos	

  
Mrs. Darshana Yadav  
Coordinator



  
Dr. Santosh Deshpande  
Director





Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

**NOTICE**

**Date:** 24th March 2019

**“Vidyarthini Arogya Prabodhan” - Stress Management with respect to Exam and/or Campus stay**

It is to inform you that our college is organizing a Guest Lecture on “Stress Management with respect to Exam and/or Campus stay” for Girl Students on 25<sup>th</sup> March 2019.

This programme is arranged under **Vidyarthini Arogya Prabodhan by Savitribai Phule Pune University.**

**Reporting Details:**

**Date – 25<sup>th</sup> March 2019**

**Time – 10 am**

**Venue- Hall No. 6**

**Speaker- Ms. Dastane Nirupama**

**Mrs. Darshana Yadav**  
Coordinator

**Dr. Santosh Deshpande**  
Director





Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

**“Vidyarthini Arogya Prabodhan” - Stress Management with respect to Exam  
and/or Campus stay lecture Report**

**Date – 25<sup>th</sup> March 2019**

**Time – 10 am**

**Venue- Hall No. 6**

**Speaker- Ms. Dastane Nirupama**

**Health Care Programs for Girls:**

Under the “Vidyarthini Arogya Prabodhan” Program initiated and organized by Savitribai Phule, Pune University for all female students on 25<sup>th</sup> March 2019. A lecture on the topic “Stress Management with respect to Exam and/or Campus stay” was conducted. Total 39 girls attended the program.

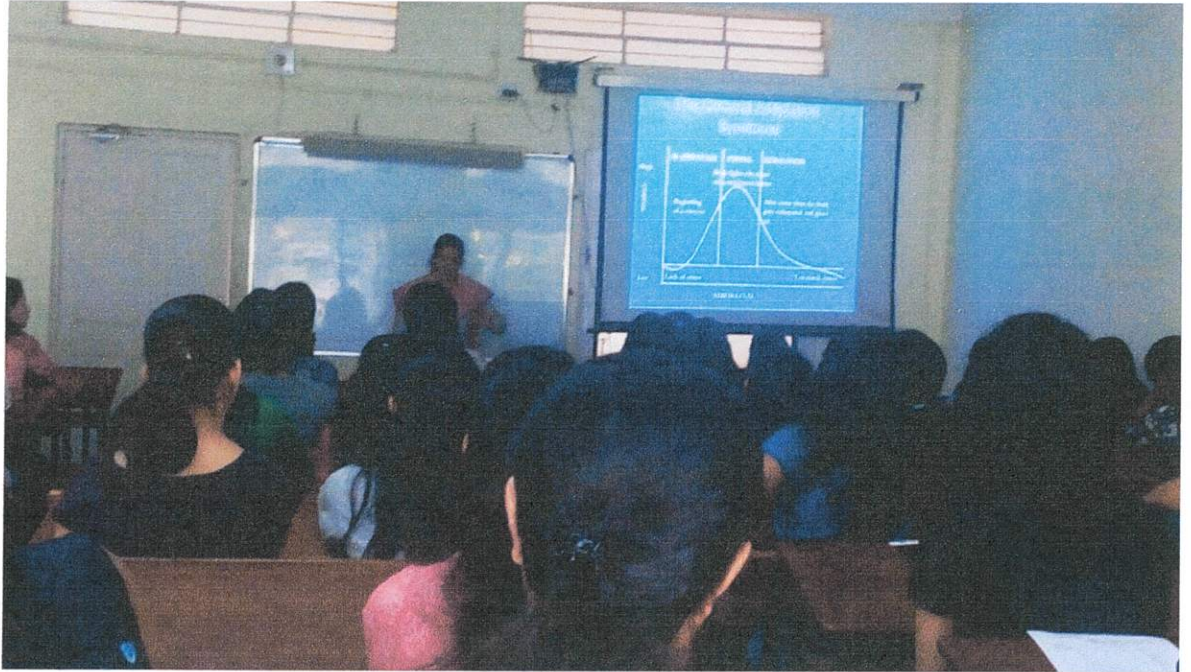
  
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Coordinator

  
**Dr. Santosh Deshpande**  
Director





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Nirupama Dastane delivering lecture-Stress Management with respect to Exam/Campus Stay





MES' Institute of Management and Career Courses (IMCC), Pune	
(A.Y. 2018-19)	
Attendance	
Programme	MCA
Topic	“Vidyarthini Arogya Prabodhan” - Stress Management with respect to Exam and/or Campus stay
Speaker	Ms. Dastane Nirupama
Date	25th March 2019
Sr. No.	Name of Student
1	AGARWAL DIKSHA U.
2	AGARWAL SHIVANI S.
3	APTE MRUNAL Y.
4	BURSE SAKSHI S.
5	DESHMUKH JAYASHREE R.
6	DHOK VAISHNAVI P.
7	GAWANDE JANHAVI H.
8	JADHAV PRIYANKA V.
9	JANGID RAKHI B.
10	KACHARE KALYANI S.
11	KSHIRSAGAR NIKITA A.
12	LAKHOTE SUHASINI P.
13	ADEP MADHURI L.
14	BADGUJAR POOJA R.
15	DESHPANDE ARPITA G.
16	DONODE SHIVANI D.
17	HIVAREKAR SAYALI M.
18	JOSHI DISHA C.
19	KADAM SAKSHI S.
20	KANDALKAR PRIYANKA P.
21	MANDAN CHANDA R.
22	PATIL REKHA K.
23	PENDALWAR MEENAKSHI R.
24	PURVANT CHITRA R.
25	RAUT RADHIKA K.
26	SHAH ANERI V.
27	TRIPATHI ANKITA A.
28	YELAVIKAR KIRTI B.



29	BHANDARE PUNAM S.
30	CHIKMAL SHWETA G.
31	DALVI SHIVANI V.
32	DIGRASKAR PRIYANKA V.
33	GAWARI AKSHATA R.
34	GHAISAS MADHURA V.
35	HARDIKAR MADHURA V.
36	JOSHI SWARADA N.
37	KANADE LEENA G.
38	KULKARNI NEHA V.
39	LAUKAR DAMINEE S.



**Mrs. Darshana Yadav**  
Coordinator



**Dr. Santosh Deshpande**  
Director





Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A.Y. 2018-19

NOTICE

Date: 20<sup>th</sup> June 2019

INTERNATIONAL YOGA DAY

Yoga is very beneficial for our health. It increases flexibility, muscle strength and tone, improves respiration, energy and vitality.

Here in MES's IMCC, we will celebrate Yoga Day on 21st June 2019.  
All faculties are requested to attend the Yoga Session.

Reporting Details:

Date : 21<sup>st</sup> June 2019

Time : 9.30 am

Venue : Ground Floor, IMCC Building

Mrs. Darshana Yadav  
Coordinator

Dr. Santosh Deshpande  
Director







Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune

A. Y. 2018-19

21<sup>ST</sup> JUNE 2019

**INTERNATIONAL YOGA DAY REPORT**

Yoga is very beneficial for our health. It increases flexibility, muscle strength and tone, improves respiration, energy and vitality.

Here, in IMCC, we all celebrated 5<sup>th</sup> international yoga day. On this occasion, we invited a Yoga Guru Mrs. Jyotsna Kale (Yog Shikshak, Yog Pravin, Yog Vidya Gurukul). We learnt and performed different yogasana as well as pranayama.

Institute's director Dr. Santosh Deshpande sir also guided us in learning yoga.

Here is a list of yogasana learnt and performed.

1. TĀDĀSANA (Palm Tree Posture)
2. VṚKŚĀSANA (The Tree Posture)
3. PĀDA-HASTĀSANA (The Hands to Feet Posture)
4. ARDHA CA KRĀSANA (The Half Wheel Posture)
5. TRIKOṆĀSANA (The Triangle Posture)
6. BHADRĀSANA (The Firm/ Auspicious Posture)
7. ARDHA UṢṬ Ṛ ĀSANA (The Half Camel Posture)
8. ŚĀŚĀNKĀSANA (The Hare Posture)
9. VAKRĀSANA (The Spinal Twist Posture)
10. BHUJANGĀSANA (The Cobra Posture)






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11. ŚALABHĀSANA (The Locust Posture)
12. MAKARĀSANA (The Crocodile Posture)
13. ŚETUBANDHĀSANA (The Bridge Posture)
14. PAVANAMUKTĀSANA (The Wind Relieving Posture)
15. ŚAVĀSANA (The Dead Body Posture)

Pranayam:

1. ANULOMA VILOMA
2. BHRĀMARĪ PRĀNĀYĀMA (BHRĀMARĪ RECAKA)

  
**Mrs. Darshana Yadav**  
Coordinator

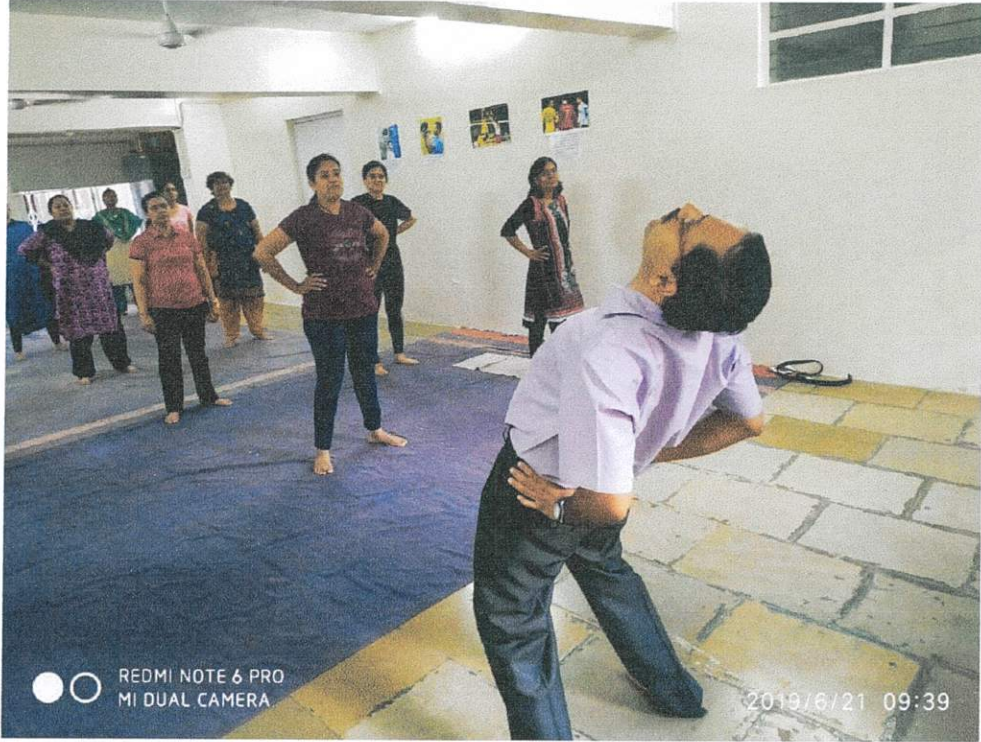
  
**Dr. Santosh Deshpande**  
Director



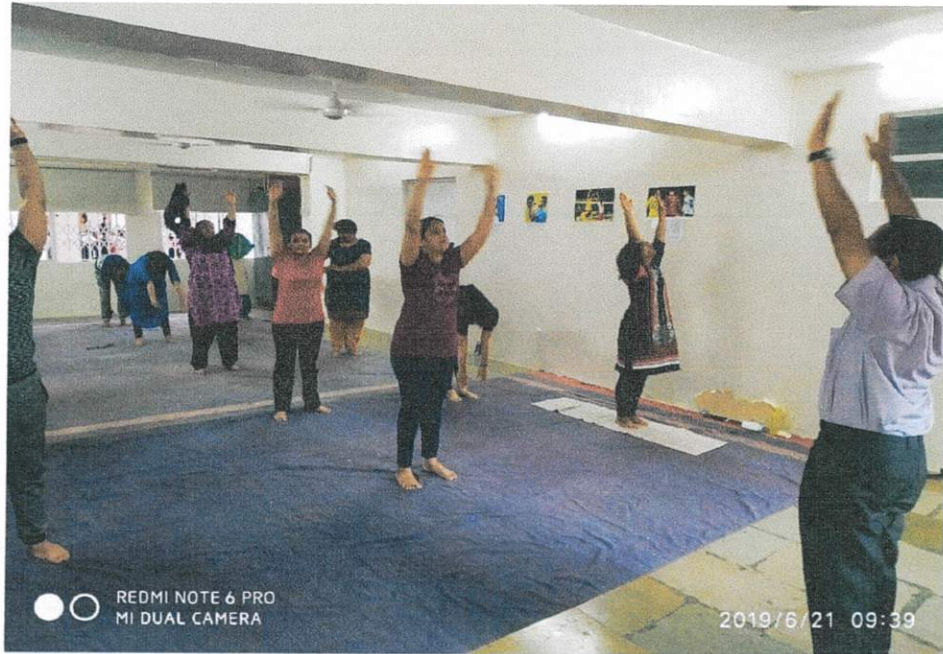


# Maharashtra Education society's Institute of Management and Career Courses (IMCC), Pune

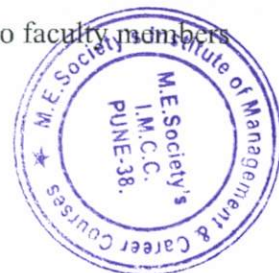
Here are glimpses of yoga training:



Dr. Santosh Deshpande demonstrating asanas to faculty members



Dr. Santosh Deshpande demonstrating asanas to faculty members  
INTERNATIONAL YOGA DAY







Maharashtra Education society's  
Institute of Management and Career Courses (IMCC), Pune



Mrs. Jyotsna Kale demonstrating asanas to faculty members



Faculty members along with Mrs. Jyotsna Kale on the occasion of Yoga Day





MES's INSTITUTE OF MANAGEMENT AND CAREER COURSES (IMCC), PUNE

(A.Y. 2018-19)

Yoga Day Attendance

Sr. No.	Name of Faculty	Signature
1 SDP	Sawosh Deshpande	
2 MSB	Dr. Manasi Bhate	
3 SDM	Dr. Shueto Meshram	
4 SSP	Dr Shilpa Parlikar	
5 JSP	Jayashree Patil	
6 ASP	Mrs. Ashwini S. Patil	
7 MST	Dr Minakshi More	
8 PPY	Darshana Yadav	
9 SP	Swapnaja Patwardhan	
10 AAB	Mrs. Apurva A. Barve	
11 MLK	Mukul Kulkarni	
12 DMB	Dipti Belsare	
13 PBP	Prashant B. Patil	
14 SPP	Shital P. Pingale	
15	Venugopal Narsingoji	
16		
17		

Ms. Darshana Yadav  
Coordinator



Dr Santosh Deshpande  
Director